


Nisqually Elders menu (360)486-9546  
Va & Titan, Cooks

\*menu subject to change\*  
Non-elder price \$4.00

# DECEMBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>Crisp Green Salad &amp; Milk Served Every Day. Wheat Bread as Needed.</b>	Pulled Pork Wheat Buns Cole Slaw Fresh Fruit	1 2
3	4 Shepherd's Pie Broccoli Spears Red Beans Jello/Fruit	5	6 Ham Hock w/Lima Beans, Cornbread, Roasted Kale Fresh Fruit	7 Coconut chicken Sweet Potatoes Roasted Greens Fresh Fruit	8 Salmon Soup Egg Salad Wheat Bread Fresh Fruit	9
10	11 Turkey Sloppy Joe Wheat Bun Tator Tots Jello/Fruit	12	13 Baked Salmon Wild Rice Pilaf Roasted Veggies Fresh Fruit	14 Pork Roast Rice Pilaf Veggie Blend Fresh Fruit	15 Beef Veg. Casserole Wheat Rolls Fresh Fruit	16
17	18 Meatloaf Mashed Potatoes Mixed Veggies Jello Fruit	19	20 <b>Prime Rib</b> <b>Red Potatoes</b> <b>Roasted Veggies</b> <b>Fresh Fruit</b> <b>Huckleberry Dessert</b>	21 Potato O'Brien with Steak, Sausage Gravy, Biscuit, Scrambled Eggs, Fresh Fruit	22 Half Day Early Release????? <b>Elder's Bazaar</b> <b>@ Billy Frank Gym</b> <b>Time?????</b>	23
24/31	25  <b>CLOSED</b> Merry Christmas	26	27 Stuffed Peppers Brown Rice Baby Carrots Fresh Fruit	28 Oven Fried Chicken Potato Medley Veggie Blend Fresh Fruit	29 Half Day Early Release?????	30