

# SEPTEMBER 2020

\*\*menu subject to change\*\*

Guests pay \$4.00

Sun	Mo	Tue	Wed	Thu	Fri	Sat
		1 Beef Goulash Buttered Noodles Veggie Blend	2 Red Beans & Rice w/ Smoked sausage Green beans Wheat roll	3 Sloppy Joe Casserole Wheat Roll Green Salad	4 Oven BBQ Chicken Succotash Cornbread Muffins Fresh Fruit	5
6	7	8 Stuffed Peppers Brown Rice Glazed Carrots	9 French Dip Sandwich w/ Au Jus Tomato & Cucumber Salad Melon Wedge	10 Chunky Beef Soup Wheat Bread Fruit Jello	11 Chicken Stir Fry Brown Rice Oranges	12
13	14	15 Chicken Fry Steak w/ Country Gravy Mashed Potatoes Veggie Blend	16 Submarine Sandwich Lettuce and tomato Baby Carrots Grapes	17 Kalua Pork & Cabbage Sticky Rice Fresh Fruit	18 Sausage & Peppers Fried Cabbage Oven Potatoes Jello Fruit	19
20	21	22 Chicken Adobo Rice Green Beans	23 Baked Pork Chops Sweet Potato Medley Apple Coleslaw	24 Spaghetti Garlic Bread Veggie Blend	25 <b>Salmon, Corn on Cob, Potato Medley</b>	26
27	28	29 Chicken Tortilla Soup Egg Sandwich Green Salad	30 Baked Cod Wild Rice Pilaf Roasted Greens			