



Nisqually Elders menu (360)486-9546
Va & Titan, Cooks

AUGUST 2024

menu subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Kalua Pork White Rice Mac Salad	2 Meatloaf Mashed Potatoes Veggie Blend	3
4	5	6 Elk Chili & Fry Bread	7 Paprika Chicken Red Potatoes Roasted Veggies	8 Beef Fajita Mexican Rice Black Beans	9 Tator Tot Casserole Roll Succotash	10
11	12	13 Roast Turkey Smashed Potatoes Veggie Blend	14 Chop Salad	15 Baked Salmon Roasted Potatoes Roasted Carrots	16 Salsa Chicken Brown Rice Green Beans	17
18	19	20 Coconut Chicken & Roasted Veggies	21 Pork Roast Sweet Potatoes Corn	22 Pea Soup & BLT Sandwich	23 Braised Short Ribs Mashed Potatoes Peas	24
25	26	27 Chicken Enchilada Spanish Rice Pinto Beans	28 Beef Stir Fry Brown Rice Orange Wedges	29 Oven Omelets Bacon Toast Fresh Fruits	30 Mushroom Burgers & French Fries	31