

100,000

**This week, the State of Washington hit
100,000 positive COVID-19 case.**

**Using the word “case” dehumanizes it.
Each of those 100,000 people have families, co-workers
and friends who were affected in some way by their
diagnosis as a positive COVID-19 case.**

**I would like to thank all of you for wearing masks,
washing your hands, socially distancing and staying
at home to prevent the spread of COVID-19 here
at the Nisqually Tribe.**

Last week, Thurston County had the most cases ever.

**We are all tired of restrictions, but we need to persevere.
It is time to double our efforts to continue to keep our
families and community safe.**

**NISQUALLY STRONG!
We'll Pull Through This Together.**

**Mary Szafranski, PHN
Public Health Officer**

