

## What you need to know before signing up for this training program.

- Minimum age – 18
- Course duration is 160 hours (20-days) and may be conducted on weekdays and/or weekends (see attached schedule) Actual course schedule varies due to class comprehension, achieving learning objectives, logistics, weather and tides.
- Diving Medical exam with physicians approval to dive is required prior to course entry.
- Physical fitness—You must be physically fit for strenuous activities . You must pass a Physical Strength, Swimming & Agility Test (PSSAT)
- High school diploma or equivalent
- Drug and alcohol free during training
- 100% Attendance and punctuality is mandatory. Make up days may result in additional expense to student
- Equipment rental/usage. You are responsible for all equipment in your care and for its return before receiving diploma. Damage repairs may be charged to student
- The training is rigorous. You should be well rested, ready to learn in a classroom environment
- Bring proper clothing for the current weather, swimsuit, and towel
- Bring your lunch as we will be at remote locations with no restaurants or stores

### Physical Strength, Swimming & Agility Test (PSSAT):

Commercial diving is a hazardous and physically demanding activity. PSSAT and the swim test are designed to show that you have what it takes to become a harvest diver. You must complete the skills without physical duress to be admitted to training. This test includes the following exercises:

- Swim test (swim unaided in a pool 250yds non-stop)
- Survival float (float unaided in a pool for 15-minutes, deep water)
- Underwater swimming (swim underwater unaided 15 yards on one breath)
- Diving (recover a 10lb weight unaided from the deep end of a pool)
- Weight belt carry (carry a 50lb commercial diving weight belt 500yds on land)

## PROFESSIONAL HARVEST DIVER TRAINING (160 hours– 4 weeks)

### THIS IS NOT A SHORT COURSE

The NMS Harvest Diver Training program is designed to meet the skill and knowledge requirements for Northwest Tribal members who have the serious desire to become a qualified commercial harvest diver in the following areas:

- Scuba-equipment & techniques
- Surface-Supplied Air—equipment & techniques
- Diving safety procedures
- Diving physics, medical aspects & physiology
- Decompression theory
- Rigging & working underwater
- Diving First Aid / CPR
- Emergency Oxygen Administration for diving accidents
- Diving Accident Mgmt. & Rescue Techniques
- Equipment maintenance and field repairs

This specialized training is based on dive industry and government standards for commercial diving including:

- **Occupational Safety and Health Administration** (Standards for commercial diving operations)
- **Washington Administrative Code** (Standards for commercial diving operations)
- **Natl. Association of Underwater Instructors** (SCUBA diving standards & policies)

This training is recognized through:

- **National Association of Underwater Instructors (Scuba)**
- **Western Washington Indian Training & Employment Program (WWITEP)**
- **13 northwest tribes**



## N.M.S.

**Jake Johnston**  
Diving Supervisor / Instructor  
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## Nisqually Marine Services Dive Training Center



Harvest Diver Training  
June 1—26  
2015



*Over 2000 tribal members trained from thirteen tribes since 1995*

Here is what you need to do...

### Harvest diving is hard work.

You must be dedicated and motivated to be successful as a Nisqually harvest diver. 100% attendance is required during the three week training course. You will learn in the class-room, pool and actual open water diving in Puget Sound. We are here to work with you and our goal is your success.

### Education department approval

Go to your tribal Education or Natural Resources Department and talk to them about enrolling in the harvest diver training course. They will instruct you as to what is required to be eligible for this training. You must have the approval of the education department to sign you up.

### Talk to your dive instructors

Call Dennis Lucia at Nisqually Natural Resources Department 456.5221 Ext #2135 or cell phone 701-8817. He will set up an appointment to discuss the training with you and answer all of your questions. He will go over the course schedule and explain what is expected of you to be successful.

### Have a plan when you finish your training

You need to talk with the harvest boat owners to find out who's boat you will be diving on after you graduate. This is vital to your success and should be set up prior to enrolling. You will graduate as an apprentice diver and need to make your first dives under the supervision of an experienced harvest diver who will show you how to harvest shellfish utilizing the skills you have acquired.

### Tuition Payment

You are responsible for your tuition payment. A \$500 deposit (cash or certified check) is due before the course start date. You will receive a tuition invoice on the second day of class. Balance due on the first Friday of training unless a payment plan has been arranged in advance. Tribal purchase order is acceptable if arranged prior to course start date. All financial information and arrangements are confidential.

## CURRENT CLASS SCHEDULE June—2015

DATE	START	END	ACTIVITY	LOCATION
<b>WEEK #1</b>				
Mon 6/1	8:30am	12:00pm	Orientation	Class
	1:15pm	4:00pm	Scuba Pool—1	Pool
Tue 6/2	8:30am	12:00pm	Theory—1	Class
	1:15pm	4:00pm	Scuba Pool—2	Pool
Wed 6/3	8:30am	12:00pm	Theory-2	Class
	1:15pm	4:00pm	Scuba Pool-3	Pool
Thu 6/4	8:30am	12:00pm	Theory-3	Class
	1:15pm	4:00pm	Scuba Pool-4	Pool
Fri 6/5	8:30am	12:00pm	Theory-4	Class
	1:15pm	4:00pm	Scuba Pool-5	Pool
<b>WEEK #2</b>				
Mon 6/8	8:30am	12:00pm	Scuba Review	Class
	1:15pm	4:00pm	Open Water-1	TBA
Tue 6/9	8:30am	4:00pm	Open Water-2	TBA
Wed 6/10	8:30am	4:00pm	Open Water-3	TBA
Thu 6/11	8:30am	4:00pm	Open Water-4	TBA
Fri 6/12	8:30am	4:00pm	Open Water-5	TBA
<b>WEEK #3</b>				
Mon 6/15	8:30am	4:00pm	S-SA Intro.	Class
Tue 6/16	8:30am	4:00pm	S-SA Dive 1	Barges
Wed 6/17	8:30am	4:00pm	S-SA Dive 2	Barges
Thu 6/18	8:30am	4:00pm	S-SA Dive 3	Barges
Fri 6/19	8:30am	4:00pm	S-SA Dive 4	Barges
<b>WEEK #4</b>				
Mon 6/22	8:30am	4:00pm	Diving First Aid/CPR	Class
Tue 6/23	8:30am	4:00pm	Hat Technician	Class
Wed 6/24	8:30am	4:00pm	D.A.R.T.	Barges
Thu 6/25	8:30am	4:00pm	Emerg. O2 Admin.	Barges
Fri 6/26	8:30am	4:00pm	Hardhat Dive / Graduation	Barges

## NMS LEADERSHIP TEAM

### Dennis Lucia, Diving Superintendent

Mr. Lucia is highly respected in the industry and has over 30-years in the commercial diving industry as a diver, supervisor and commercial and scuba diving instructor. He taught at Divers Institute of Technology (DIT) in Seattle, WA for many years and is currently a member of the DIT Professional Advisory Board.

He developed the first Harvest Diver Training curriculum in 1995 and personally mentors and dives with each and every student. His reputation of excellence is well known throughout the NW tribes engaged in harvest diving operations.

### Jake Johnston

Commercial Dive Supervisor, Lead Instructor

Jake is a tribal member and an experienced harvest diver and commercial diver. He is a nationally certified diving instructor who is well known throughout the WA State tribal harvest diving community. He teaches from experience and will answer all your questions about harvest diving based on his thousands of hours working as a commercial and harvest diver.

Each new diver will receive one-on-one time with the instructors in the classroom, pool and open water. Individual tutoring will be provided as needed.



**NMS Training...**  
**If your serious about becoming a harvest Diver.**



To sign up for class

Contact:  
Dennis Lucia  
Phone: 360-701-8817  
or  
Jake Johnston  
Phone: 360-463-0616