

OCTOBER 2019

Guests pay \$4.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Pork Schnitzels Mashed Potatoes Veggie Blend Fresh Fruit	3 German Sausage w/ Onions & Peppers German Potato Salad Fresh Fruit	4 Fish & Chips Cole Slaw Fresh Fruit	5
6	7 Tamale Pie Spanish Rice/Beans Green Beans Jello/Fruit	8	9 Corned Beef & Cabbage Potato Medley Soda Bread Fresh Fruit	10 Spaghetti Garlic Bread Roasted Veggies Fresh Fruit	11 Split Pea Soup Grilled Ham Sandwich Fresh Fruit	12
13	14 Salisbury Steak Mashed Potatoes Roasted Veggies Jello/Fruit	15	16 Beef Stroganoff Buttered Noodles Roasted Veggies Fresh Fruit	17 Baked Cod Potato Medley Veggie Blend Fresh Fruit	18 Beef Stir Fry Brown Rice Fresh Fruit	19
20	21 Meatloaf Mashed Potatoes Garden Veggies Jello/Fruit	22	23 Baked Salmon Potato Medley Garden Veggies Fresh Fruit	24 Ham / Bacon Scrambled Eggs Oven potatoes Toast, Fresh Fruit	25 Beef Barley Soup Wheat Rolls Fresh Fruit	26
27	28 Tuna Casserole Broccoli Spears Wheat Bread Jello/Fruit	29	30 Oven Fried Chicken Red Potatoes Green Beans Fresh Fruit	31 Pork Roast Yams Veggie Blend Fresh Fruit	Crisp Green Salad & Milk Served Every Day, Wheat Bread as Needed.	