


Nisqually Elders menu (360)486-9546

Va & Titan, Cooks

menu subject to change
Non-elder price \$4.00

APRIL 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Baked Salmon Potato Veggie Medley Green Salad	2 CLOSED Funeral	3
4 	5	6 Lemon Garlic Chicken w/ Red Potatoes Green Beans Kale Salad	7 Chinese Pepper Steak Brown Rice Fresh Fruit	8 Chili Hot Dog w/wheat Bun Fruit Jello	9 Bean Soup w/Ham Hock Turkey Sandwich	10
11	12	13 Swiss Steak Mashed Potatoes Veggie Blend	14 Spring Chopped Salad	15 Beef Stroganoff Buttered Noodles Roasted Veggies	16 American Goulash Roasted Veggies Garlic Bread	17
18	19	20 Meatloaf Mashed Potatoes Mixed Veggies	21 Coconut Shrimp Pasta & Roasted Veggies	22 Pork Roast Sweet Potato & Veggie Medley Apple Sauce	23 Chicken Noodle Soup Tuna Sandwich Yogurt	24
25	26	27 Sausage Sauerkrauts Green Beans Oven Potatoes	28 Low Carb Hamburger Soup Cornbread	29 Beef Tamale Pie Spanish (Brown) Rice Pinto Beans Green Beans	30 Sausage, Bacon, Scrambled Eggs, Breakfast Potatoes, Toast / Fresh Fruit	