

Nisqually Tribe Community Walking Group

Please join the Nisqually Tribe Community Walking Group!

In an effort to increase a healthy lifestyle and promote tobacco cessation, the Nisqually Tribe Health Department is creating a Nisqually Tribe Community Walking Group. We are encouraging people to join and make an effort to take more walks. The first 30 people to join receive a gift!

If you would like to walk with a group, we will be meeting Monday - Friday at 12:30 outside the library and will be walking along Frontage Road. If not, feel free to walk on your own!

Call Sue Bohannon 360-413-2716 or email her at sue.bohannon@nisquallyhealth.org for more information