

APRIL 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		Roast Turkey Mashed Potatoes Peas	Ham Hock w/Beans Roasted Kale Cornbread	Baked Salmon Rice & Beans Baby Carrots	Elk Stroganoff Buttered Noodles Roasted Veggie	
7	8	9	10	11	12	13
		Teriyaki Chicken Rice Steamed Cabbage	Baked Ziti Garlic Bread Roasted Veggies	Pork Roast Yams Roasted Greens	Low Carb Hamburger Soup & Egg Salad Sandwich	
14	15	16	17	18	19	20
		Meatloaf Mashed Potatoes Steamed Veggies	Sub sandwich & Baked Chips	Baked Cod Lemon Butter Veg. Wilted Spinach	Sausage & Sauerkrauts Oven Potatoes Green Beans	
21	22	23	24	25	26	27
		Oven BBQ Chicken Mac & Cheese Veggie Blend	Beef & Veg. Casserole Brown Rice Broccoli Spears	Link Sausage, Ham Breakfast Potatoes Scrambled Eggs	Cabbage Soup & Hot Pastrami Sandwich	
28	29	30				
		Salmon Patties Steamed Potatoes Roasted Veggies				