



**Nisqually Elders menu (360)486-9546**  
**Va & Jody, Cooks**

# MARCH 2020

*\*menu subject to change\*\**  
 \$4 charge for guests

Sun	Mon	Tu	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	Spaghetti Veggie Blend Garlic Bread Fresh Fruit		Yankee Pot Roast Mashed Potatoes Peas & Carrots Fresh Fruit	Salsa Chicken Brown Rice Roasted Veggies Fresh Fruit	<b>Salmon</b> <b>Oyster Stew</b> <b>Potato/Veggie Medley</b> <b>Fresh Fruit</b>	
8	9	10	11	12	13	14
	<b>CLOSED</b> <b>Billy Frank Jr. Day</b>		Pork Roast Baked Yams Veggie Blend Fresh Fruit	Baked Cod Wild Rice Pilaf Roasted Greens Fresh Fruit	Navy Bean Soup Tuna Melt Fresh Fruit	
15	16	17	18	19	20	21
	<b>Corned Beef &amp; Cabbage</b> <b>Soda bread</b> <b>Fresh Fruit</b>		Pulled Pork Fries Cole Slaw Fresh Fruit	Paprika Chicken Yukon Potatoes Roasted Veggies Fresh Fruit	Beef Fajita with Peppers & Onions Rice and Beans Fresh Fruit	
22	23	24	25	26	27	28
	Ham Scalloped Potatoes Broccoli Spears Wheat Bread Jello/Fruit		Beef Goulash Buttered Noodles Veggie Blend Fresh Fruit	Biscuit & Gravy Bacon Wrap Breakfast Potatoes Fresh Fruit	Smoked Salmon Chowder Fry Bread Fresh Fruit	
29	30	31				
	Coconut Chicken Wild Rice Pilaf Glazed Carrots Jello/Fruit		<b>Crisp Green Salad &amp; Milk Served Every Day. Wheat Bread as Needed</b>			