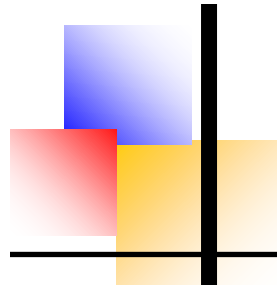


# OCTOBER 2019

Guests pay \$4.00



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Pork Schnitzels Mashed Potatoes Veggie Blend	2 German Sausage w/ Onions & Peppers German Potato Salad	3
4	5	6 Salisbury Steak Mashed Potatoes Veggie Blend	7 Italian Chicken w/ Noodles Garlic Bread Roasted Veggies	8 Tamale Pie Spanish Rice/Beans Green Beans	9 Split Pea Soup Tuna Sandwich Fresh Fruit	10
11	12	13 Beef Stroganoff Buttered Noodles Roasted Veggies	14 Baked Salmon Potato Medley Garden Veggies Fresh Fruit	15 Beef Stir Fry Brown Rice Fresh Fruit	16 Pork Roast Yams Roasted Kale	17
18	19	20 Meatloaf Mashed Potatoes Garden Veggies	21 Chicken Casserole Wheat Roll Pasta salad	22 Ham / Bacon Scrambled Eggs Oven potatoes Toast, Fresh Fruit	23 Fish & Chips Cole Slaw	24
25	26	27 Tuna Casserole Broccoli Spears Wheat Bread Jello/Fruit	28 Oven Fried Chicken Red Potatoes Green Beans	29 Chunky Chili Cornbread Green Salad Fresh Fruit	30 Creamy Pumpkin Soup Turkey Sandwich Fresh Fruit	31