

JANUARY 2019

menu subject to change

Sun	Mon	Tu	Wed	Thu	Fri	Sat
	Happy New Year!	1	2 Navy Bean & Ham Hock Soup Wheat Roles Fresh Fruit	3 Baked cod Brown Rice Roasted Veggies Fresh Fruit	4 Cheese Burger French Fries Relish Tray Fresh Fruit	5
6	7 Tuna Casserole Broccoli Spears Wheat Bread Fruit / Jello	8	9 Baked Chicken Red Beans, Roasted Kale, Potato Salad, Fresh Fruit	10 Meleno's Chile Verde Pinto Beans Oven Potatoes Fresh Fruit	11 Spaghetti Garlic Bread Roasted Veggies Fresh Fruit	12
13	14 Turkey Roast Mashed Potatoes Peas & Carrots Jello/ Fruit	15	16 Baked Salmon Wild Rice Pilaf Wilted Spinach Fresh Fruit	17 SOUL FOOD BBQ Ribs, Rice w/Beans, Collard Greens, Cornbread, Bread Pudding	18 Beef Lentil Soup Bread Stix Fresh Fruit	19
20	21 CLOSED Martin Luther King Jr.	22	23 Stuffed Peppers Brown Rice Glazed Carrots Fresh Fruit	24 INDIANTACO Pinto Beans Huckleberry Cake	25 Pork Roast Roasted Yams Roasted Kale Fresh Fruit	26
27	28 Cook's Choice	29	30 Sausage Gravy, Biscuit, Ham, Scrambled Eggs, Fresh Fruit	31 Sausage & Sauerkrauts Oven Potatoes Green Beans Fresh Fruit	Crisp Green Salad & Milk Served Every Day, Wheat Bread as Needed.	