Have Lunch with Us!

Bring your brown bag lunch for a healthy cooking demonstration and prizes!

Date: Thursday September 10th

Time: 12:00 noon

Where: The Recovery Café
Located in the trailer next to TANF

Who? Everyone is Welcome!

Serving healthy food samples and prizes!!!

Are you interested in healthy eating, preventing or treating diabetes, or just feeling great? Our brown bag lunch series focuses on healthy recipes and nutrition ideas for a healthier you!

Questions about this event? Please call the Nisqually Health Department 459-5312 and ask for Marcy Ford or Bernita LaCroix