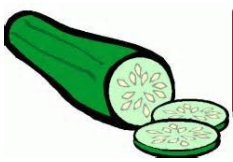

Have Lunch With Us!

Bring your brown bag lunch for a healthy cooking demonstration and prizes!

Date: Thursday June 2nd

Time: 12:00 noon

Where: The Healing House
2320 Lashi Street, look for the Mint Green House on the left, down the street from NYC

Who? Everyone is Welcome!

Serving healthy food samples and prizes!!!

Are you interested in healthy eating, preventing or treating diabetes, or just feeling great? Our brown bag lunch series focuses on healthy recipes and nutrition ideas for a healthier you!

Questions about this event? Please call the Nisqually Health Department 459-5312 and ask for Josette Mendoza or Bernita LaCroix