



Nisqually Health & Behavioral Health June Recovery Challenge 2022

To Support & Encourage
our people in:

RECOVERY & WELLBRIETY

The Month of June 2022

- ✓ WEEKLY MEETINGS
- ✓ WEEKLY GOAL SETTINGS
- ✓ LEARN HEALTHY TIPS & TRICKS
- ✓ WEEKLY CHALLENGES
- ✓ PARTICIPATION INCENTIVES
- ✓ END OF CHALLENGE CELEBRATION



QUESTIONS OR TO REGISTER
CALL KRISTIE TWEED AT:

+360-413-2727



Maximum of 40 participants
Prioritization of folks in recovery

REGISTRATION DUE BY MAY 31ST
2022

Registration is required to participate
Every Tuesday 4pm-6pm
at the
Nisqually Health Clinic

Sponsored by HCA