

# Welcome, Julia Joyce

## SUD Clinical Supervisor



My name is Julia Joyce, and I'm honored to serve as the SUD Clinical Supervisor here at the Nisqually Tribal Health & Wellness Center. I've been an SUD Professional for 26 years and have worked in both non-profit and for-profit agencies in various roles, including counselor, case manager, clinical supervisor, and administration. I've always gravitated toward roles that allow me to continue interacting with clients. In addition to my work in SUD, I've served as a problem gambling counselor for 8 years and a mental health counselor for 6 years.

My experience in Tribal communities includes roles at Muckleshoot as a Suboxone case manager and problem gambling outreach advocate for a total of 11 years, as an educator at NWIC for over 4 years, and most recently as the SUD Clinical Supervisor at Cowlitz (Tukwila) for a year.

I chose to join NTHWC because I trust Kelly and Dave, and they both spoke so highly of this being a great place to work. I'm excited to get to know the staff and community and to learn how I can be of service. What inspires me most is the opportunity to build partnerships across departments within Nisqually Indian Tribe programs, like Traditional Healing, Equine, Youth Center, Adult Wellness, Wellness

Court, Elders, and more. These are such valuable resources, and I love being able to incorporate their strengths into our curriculum.

Outside of work, I'm deeply invested in my wellness journey. I enjoy hot yoga and have recently added strength training with my husband a couple of times a week. With the weather warming up and Lake Tapps nearly full, we're excited to get back out on our kayaks and visit the eagles' nest in our neighborhood. My son works as Director of Estimating for a local commercial electric contractor, and my daughter and her partner are both in college at Central Washington University in Ellensburg.

I believe wellness and recovery are lifelong journeys. I deeply value the medicine wheel approach, which reminds us to seek balance in all areas of life. For me, it's always about progress rather than perfection. If you or a loved one would like to connect with our Behavioral Health team, we welcome you to call 360-413-2727. We are here to walk alongside you with compassion, respect, and culturally grounded support.