

GOOD MOVES GOOD MINDS GOOD MOODS

Wednesday's 5pm, 2022

Billy Frank Jr. Center, Nisqually Tribe

ZUMBA® with Ho'o

For Tribal Members
and Community
Sponsored by SPIPA

- ✓ No Fuss Fitness
- ✓ No Worries
- ✓ Yes to FUN
- ✓ Yes to Health

Classes are subject to change,
please join our text updates.
Questions: WholelisticFit@gmail.com

