

**The Nisqually Tribe Health Department  
Behavioral Health program is implementing an  
adjustment in business hours:**

**Monday – Friday 10am – 2pm;**

**We will not be having IOP/OP Groups until Further  
Notice due to the COVID-19 Impact**

**Please refer any questions you may have to your  
counselor at 360-413-2727 during adjusted hours:  
this will help to maintain open communication  
lines with you and required external contacts.**

**Additional SUD ONLINE RESOURCES & PHONE NUMBERS  
DURING COVID-19 IMPACT**

- You can google “online twelve step meetings”
- Online chat room and meeting <https://www.neveraloneclub.org/>  
12:00pm and 5:00pm pacific time
- <https://www.12step-online.com/>

**Thurston County Crisis Clinic (360)-586-2800  
Thurston County NA (360)-754-4433  
Thurston County AA (360)-352-7344**