

MEMORIAL DAY WEEKEND:

PROTECT YOUR LOVED ONES. STOP THE SPREAD. SAVE LIVES.

This Memorial Day Weekend, please remember to do everything you can to protect your loved ones from this disease. We may be getting restless- but the disease is still easily spread. Please do your part.

If you spend time with anyone outside of your household, you may be exposed. You may never develop symptoms. And you can easily spread it to others. Our loved ones depend on us. If you visit with anyone outside of your household, please:

- 1. KEEP YOUR GATHERING SMALL. NO HUGS OR HANDSHAKES. THEY KNOW YOU LOVE THEM.
- 2. KEEP IT OUTSIDE AND SPREAD APART FOR SOCIAL DISTANCES. WHAT IS 6FT APART?



- 3. KEEP YOUR FACES APART. COVER YOUR COUGHS AND SNEEZES. DON'T BE GROSS.
- 4. WEAR MASKS WHEN POSSIBLE. SHOW OUR CHILDREN HOW TO WEAR MASKS AND BE SAFE.
- 5. IF YOU EAT TOGETHER- DO NOT SHARE UTENSILS OR ANYTHING ELSE. NO DOUBLE-DIPPING.

WE ARE BATTLING FATIGUE AND INCREASING COMPLACENCY WHEN IT COMES TO THE VIRUS. AS MORE STATES LOOSEN RESTRICTIONS, WE MAY BE ENTERING AN EVEN MORE DANGEROUS PHASE OF THIS PANDEMIC, POTENTIALLY SETTING OURSELVES UP FOR SERIOUS OUTBREAKS ACROSS THE COUNTRY. PLEASE STAY STRONG. DON'T GIVE THIS VIRUS ANY GROUND.

BY FOLLOWING THESE STEPS- WE CAN LEARN HOW TO SPEND TIME WITH ONE ANOTHER SAFELY.

