



FIRE Summit

By Debbie Preston

A number of Nisqually tribal students attended the 10th annual FIRE Summit aimed at supporting the success of Native students in higher education. It's a joint project between the Nisqually Tribe, Squaxin Island Tribe, Skokomish Tribe, North Thurston School District and South Puget Sound Community College, where the event was held.

Nisqually tribal council members Hanford McCloud and Willie Frank III addressed the students prior to the program that featured Nooksack tribal artist and entrepreneur Louie Gong. Gong connected with students about the struggle to maintain culture and overcome the negative inner voice that can keep a person from succeeding.

His company, Eighth Generation, is the first Native-owned company to produce wool blankets, including many that the Nisqually Tribe special-ordered for the 2016 Paddle to Nisqually. In his early life he lived in a home without running water and he was later raised by his grandparents on the Nooksack Reservation. His is also part of a movement to elevate tribal artists and stop the stealing of their art that later becomes "native inspired." Gong promotes the idea of "inspired Natives" and hires many tribal members as interns in his business, now located at Pike Place Market in Seattle.

The rest of the day, some 160 Native students spent with a variety of mentors who counseled in a variety of disciplines such as art, business, communication, healthcare, science, engineering and math as well as those who weren't sure what their career path might be.



EFFECTIVE DECEMBER 4, 2017

The Financial Services department will have new hours for the public.

Monday through Friday we will be open from 8:30 a.m. to 12:30 p.m. and 1:30 p.m. to 4:30 p.m. (closed from 12:30 p.m. to 1:30 p.m. for lunch).

This will allow the Financial Services staff to better serve the public.

Sandy Spencer, CPA
Controller

How to Contact Us

Tribal Center (360) 456-5221
Health Clinic (360) 459-5312
Law Enforcement (360) 459-9603
Youth Center (360) 455-5213
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Nisqually Tribal News

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The deadline for the newsletter is the first Monday of every month.

Nisqually Tribal Council

Chair, Farron McCloud
Vice Chair, Chris Olin
Secretary, Sheila McCloud
Treasurer, Julie Palm
5th Council, Brian McCloud
6th Council, Handford McCloud
7th Council, Willie Frank

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FREE Rides
Monday through Friday

Upper and Lower Reservation Route
7:30 a.m. to 4:30 p.m.
Last OFF RESERVATION
Appointments ending at 3:30 p.m.

(360)456-5236

transportation@nisqually-nsn.gov

Rural and Tribal Transportation

A fixed route service serving the Nisqually Reservation, Rainier, and Yelm areas

Cost is \$1.00

Vets and active duty military ride free. Customers with transit passes ride free.

**Please call
1-800-650-7846
for information**



Council Corner

While attending the winter executive session of the National Conference of American Indians (NCAI) in Washington, D.C. with tribes from all over the country, Chairman Farron McCloud had the chance to hear from key Trump Administration officials, including Secretary of the Interior Ryan Zinke where the Bureau of Indian Affairs is housed and Deputy Attorney General Rod Rosenstein.

Secretary Zinke's said the Trump administration intends to address the infrastructure and maintenance backlog by increasing mineral and energy extraction leasing. Zinke also he intends to reorganize the department to push more resources away from Washington, D.C. and into the regions and base Interior's organization on watersheds and mountain ranges rather than "arbitrary regional lines."

Chairman McCloud was gratified to see the opioid crisis brought to the table as its own break out session for the first time since he has been tribal chairman. "As tribes, we came together, we brought it forward and said, 'Our people are dying, we need help,' McCloud said. "It was good to see this important topic get elevated to where we are all talking about it together."

Chairman McCloud participated in NCAI's Tribal Temporary Assistance for Needy Families (TANF) Task Force. The discussion focused on legislative initiatives and Administration policies that may impact Tribal TANF nationally. Tribal leaders expressed concern over President Trump's FY19 budget request and several policies the Administration is exploring that would undercut the TANF program.

"It's important to work together as tribes and have the ability to communicate with each other in ways that can help all of us move legislative action forward," McCloud said.

McCloud also met the Washington Senator Patty Murray and again thanked her for her assistance with making Nisqually's voice heard regarding the proposed relocation of High Mobility Artillery Rocket System training to Joint Base Lewis McChord. While the proposal has temporarily been shelved, it's unknown what future plans might be.

"Making these trips to Washington, D.C. can be exhausting, but just like Billy Frank Jr. said, we have to keep telling our story, we have to educate people again and again."



Left, Bardow Lewis, Suquamish Tribe, former U.S. Secretary of State John Kerry, Nisqually councilmen Willie Frank and Hanford McCloud pose for a photo following some discussions with Washington Gov. Jay Inslee about the carbon tax proposal that would be the first in the nation voluntarily enacted by a state if it passes the state legislature. The current outlook for the legislation is poor, but tribes and others are continuing to provide input into a bill that may eventually pass. "We talked about how climate change is affecting us, our cultural resources such as fish and water and how we have to act for the sake of everyone, not just tribes," said Frank.



Enrollment Address Update

The enrollment department is needs the following tribal members current address. If you see your family member's name listed below could you please have them contact the enrollment department to update their current mailing address.

Thank you, Nisqually Enrollment Department.

Alferd, Josiah David
Angulo, Francisco Antonio
Arevalo, Lorraine Ann
Bigman-Kalama, Shy Angel
Birdtail, Chauncy David
Birdtail, Taniesha Dalaynnah-Chaunelle
Birdtail, Tayonnah Keeley-lynn
Birdtail, Trey Lance
Boyd, Denise Deanna
Boyd, Shelby
Boyle, Louis A.
Bracero-Stepetin, Yolanda
Case, Ardella Fawn
Case, Wah-keen Desmond
Case, Wah-Keo Kashan Deon
Castaneda, Adrian Alonso
Castaneda, Geneva Elise
Chase, Darrion Joseph Ronald
Chase, Ethan James Lawrence
Christensen, Alessandria Jolene
Curtis, Darry Jubilee
Decker, James Jesse
Dennison, Anthony
Denson, Joleen
Derickson, Randy Lee

Edwards, Cherie
Eggers, Sharon
Ellis, Candice
Escarcega, Darlene Carol
Escarcega, Mario Leonard
Hatfield, Jameson Lee
Ikebe, Lydia Lennette
John, Alice
Johns Jr., Russell Charles
Kalama, Sarah Kathlene
Lane, Blanche
Lesage, Malayna Rae Ann
Littlelight, Santos Joseph John
Littlelight-Ramirez, Sally Ann
Luke, Justice Ray
Marshall, Dustin
Maxam, Eric Joseph
McCloud II, James Franklin
McCloud, Daniel James
McCloud, Evan Jeremiah
McGee, Magdalena
Mercado-Olin, Lexzandria Marlene
Miller, Joni Lynn
Oya, Leon Silvester
Quintana, Alex
Quintana, Charlotte Ann

Quintana, Jose Antonio
Quintana, Larry Alex
Quintana, Rachel Ann
Quintana, Rose Ann
Russell, Shane Tyler
Sanchez, Margarita G. R.
Sanchez, Quanah Renell
Sayward, Frankie Lynn
Sison, Falcon Miguel Frank
Stepetin, David LeRoy
Stepetin, Lasookwiuk
Stepetin, Tiffany Michelle
Stepetin, Tommy Peyton
Thomas, Rodney
Thompson, Regina Kathleen
Todd, Jessica M
Villalobos, Pricilla Sahra
Wells, Dustin Eli
Wells, Joseph Bernard
Wells, Josiah Jordan
Wells-Rodriguez, Marjorie
Youckton Jr., Shawn Russell
Youckton, Amy Marvinina Toni
Youckton, Shawn Russell

Nisqually BPA Powerline Relocation Project Phase II

By Curtis Stanley

As part of the Nisqually Tribe's Master Plan for Reservation development, the tribe will be moving forward with relocating both the remaining Bonneville Power Administration (BPA) powerlines off the reservation.

Phase I of the Nisqually Relocation Project moved both powerlines off reservation in 2005, toward the southeast. Phase II will relocate the two remaining transmission lines, the Olympia-Grand Coulee 287-Kilovolt (KV) line and the Olympia-South Tacoma 230 KV line. The tribe will work with Bureau of Indian Affairs (BIA), Joint Base Lewis McChord (JBLM), and BPA for the remainder of the Nisqually Relocation Project.

Phase II Nisqually BPA Powerline Relocation Project is an anticipated five-year project. The exact timing depends on the final planning phase, and involves

moving the remaining powerlines safely onto new JBLM easements.

During the 1940s and 1950s, the BPA used eminent domain to obtain perpetual easements for siting powerlines on the reservation. The BIA granted to BPA a 50-year right-of-way for the Olympia-Grand Coulee line to cross the reservation. This half-mile easement expired in April 2005.

The Tribe never approved the powerline easements or right of ways when they were built on Nisqually land. Because of tribal development and environmental concerns, the tribe needed and eventually obtained this land for landuse protection.

Following the successful relocation of the first half of the powerlines during Phase I, Phase II is now in motion.



What to expect at elections this year with the new code, including electronic voting machines.

The Nisqually Tribe's elections this year will be facilitated by a third-party, a company by the name of Honest Ballot, as indicated by General Council Motion No.7 that passed in August 2015. Honest Ballot will administer and oversee the tribe's election process, particularly voter registration, balloting, voting both in-person and absentee, vote counting and election result certification. They will also assist, if needed, with election dispute process.

Honest Ballot monitors and facilitates elections processes for a wide variety of organizations and institutions across the country to ensure that elections are honest, reliable and secure.

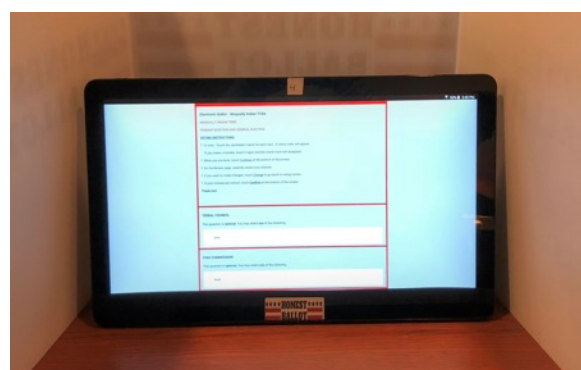
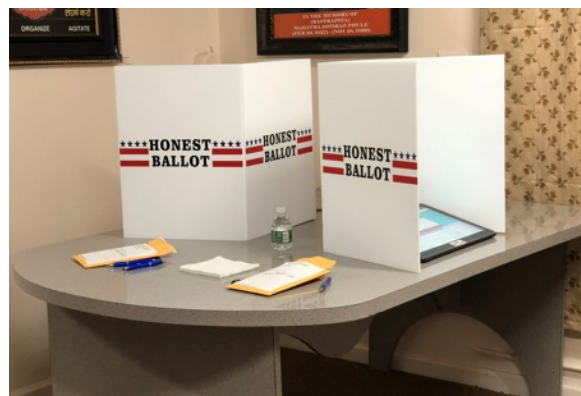
The company will use the electronic voting machines you see pictured for the tribe's Primary Election, on Sat., March 10th, and for the General Election, on Sat., May 12th. The machines are large touch screens which you will use to cast your votes by touching a candidate's name for each race. The machine allows an opportunity to correct mistakes and carefully review your choices before submitting your ballot. Honest Ballot will also administer absentee voting precisely as it is laid out in the election ordinance allowing a process by which tribal members may request absentee ballots up until 20 days prior to the election and then vote absentee by mailing their ballots in to a P.O. box monitored only by the company.

Voting instructions and assistance will be available on site, and the tribe's Enrollment Department will be open throughout both elections for any tribal member needing a tribal identification card in order to register to vote. Tribal members will register to vote when appearing at the polls by simply providing a tribal ID to the Honest Ballot representative for comparison to the eligible voters list. Honest Ballot will be preparing and ensuring the mailing of a formal notice of both the primary and general election with all pertinent information, including the list of candidates.

More information about Honest Ballot can be found on their website, at <https://www.honestballot.com/>.

The Tribal Council is very excited to have been able to amend the election ordinance in an effort to comply with the General Council motion from 2015. The Council anticipates that this process will lead to a more efficient and cost effective election that will result in an outcome that membership can feel confident was administered through a fair/legal process.

<http://www.nisqually-nsn.gov/index.php/council/2018-elections/>.



ABSENTEE BALLOT REQUEST FORM
NISQUALLY INDIAN TRIBE
 2018 Primary and General Elections
 For the Tribal Council, Fish Commission and Electable Committee
 will take place at the Nisqually Indian Tribal Center on the Nisqually Indian Reservation,
 along the Nah-Nah Drive SE, Olympia, Washington 98512
SATURDAY, MARCH 10, 2018 and MAY 5, 2018

VOTER INFORMATION:

I, _____, a member of the Nisqually Tribe request an
 CLEARLY PRINT YOUR NAME
 Absentee Ballot for the Primary and General Elections on Saturday, March 10, 2018 and May 5, 2018.

My Current Address is:

STREET _____ ZIP CODE _____

I understand that I can only receive one absentee ballot for the Primary and General Elections. This request will automatically place me on the absentee ballot list for the General Election. I cannot make a second request. I shall no longer be eligible to vote in person in accordance with Title 13, Chapter 13.01. I request and receive the absentee ballot.

Signature of Absentee Voter _____

This form must be signed by the voter requesting an absentee ballot.

PHONE NUMBER: CELL# _____

HOME# _____

DATE: ____/____/2018

Deadline to request an absentee ballot for the Primary election is February 20, 2018 and April 15, 2018 for the General Election. Forms may be submitted in-person at the Tribal Administration Building by means of the Elections Locked Mail Box at the Front Reception Desk or Mailed Directly to the Third Party Auditor Honest Ballot at P.O. Box 5965, Lacey, WA 98509.

In accordance with Title 13 of the Ordinance Section 13.02.13 Absentee Ballot voting is allowed for all elections.




Thurston County Invites Nisqually and Surrounding Community to Help Update Land Use Planning

Come attend the kickoff Nisqually Valley Sub-Area Planning update at an Open House Saturday March 3 at the Nisqually Youth and Community Center from 10 a.m. to noon. The Nisqually Valley Subarea is a 9,000-acre part of Thurston County that had a land-use plan created in 1992 (that the Nisqually Tribe participated in creating). As required, Thurston County is updating the plan this year starting with community outreach and gathering opinion. (Note that the area covered by the sub area plan does not include the Nisqually reservation, or other tribal or individual trust lands.)

There will be cookies, lots of stations with information boards and folks on hand to answer questions. As the kick-off event, there are no proposals or changes, just a time to reacquaint community members with the existing plan, changes that have occurred in the sub-area and things to think about to prepare for giving input in the future.

The Open House format encourages people to take their time to take in the information and ask questions and have a conversation about how the plan was created and how public input will shape the update.



**THURSTON COUNTY
NISQUALLY SUBAREA PLANNING**

OVERVIEW

The Nisqually subarea is roughly 9,000 acres of rural lands in northeastern Thurston County. The subarea includes the Nisqually Indian Reservation, the Nisqually Wildlife Refuge, and a portion of the JBLM Military Reservation.

In the early 1990s the County worked with the community to develop a land-use plan for the Nisqually subarea. The plan contains goals and policies aimed at achieving the community's vision.

In 2018, Thurston County will be re-engaging with the community to begin updating the land-use planning for the subarea.

Community involvement is key, and there will be many opportunities for the public to provide input and feedback throughout the planning process.

FAST FACTS

The Nisqually Subarea Plan (NSAP):

- Is actually part of Thurston County's Comprehensive Plan, the overarching document that describes the County's long term vision, goals, and policies that guide growth in the County.
- Was adopted in 1992 and has only had minor amendments since its adoption.
- Was developed through an extensive public engagement process with the community.
- Pre-dates the majority of the County's current policies and regulations, including: the Comprehensive Plan, zoning ordinance, and critical areas ordinance.
- Contains goals and policies relating to:
 - Residential and Commercial Development
 - Transportation
 - Water Resources, Wildlife Habitat, and Conservation Programs
 - Parks and Recreation
 - Agriculture, Mining, and Industrial Activities
 - Historic Preservation and Rural Character
 - The Community Planning Process
 - Intergovernmental Cooperation

Nisqually Subarea Planning Timeframes

2017 – Spring 2018	Summer 2018 – Winter 2018	Winter 2018 – Summer 2019
<ul style="list-style-type: none"> Internal Review Initial Public Outreach Form Community Working Group 	<ul style="list-style-type: none"> Planning Commission (PC) Review PL PUBLIC HEARING 	<ul style="list-style-type: none"> SEPA/EIS Board of County Commissioner Review & Public Hearing

To learn more and sign up for updates, visit:
www.co.thurston.wa.us/planning/nisqually-sub-area-planning.htm

Staff Contact
 Celinda Adair, Associate Planner
 360-867-2087 | adairc@co.thurston.wa.us



Nisqually to Restore Totem Pole

By Debbie Preston

A totem pole that has stood in the Tacoma area for nearly 70 years is now slated for restoration by the Nisqually Tribe.

The story of how the pole came to Nisqually starts with the family of Morris Kleiner who immigrated to the United States in 1914 and later purchased a wood and lumber yard from the St. Paul and Tacoma Lumber Company at South 41st and M Street in Tacoma.

The totem pole was an Alaskan totem pole purchased from an Alaskan fisherman around 1917 or so. The pole stood there until 1942 when it was moved to 2424 Bay St., the location of the family's Model lumber yard where it remained until 1972. It was later moved and reset nearby during a street reconfiguration before the Kleiners sold the Fife property where it was located.

By this time, son Herman Kleiner had been running the business for some time and was involved in the decision to donate the pole to the Tacoma Metropolitan Park Board in 1985, the same year that Morris Kleiner passed at the age of 96. The totem was to be eventually sited in Point Defiance Park.

Years went by and the well-meaning effort to restore the pole never materialized, leading to inquiries from Metro Parks Tacoma to Nisqually about taking over the job of restoring the totem pole as well as the Kleiner family, including Herman and his wife Barbara

and their children. The Kleiner family is hoping that there may also be a way to track down the original carver of the totem. The style is quite different than what is commonly seen today, with a topper that became separated from the pole that features a rabbit and other brooding images.

"It's wonderful to know that the Nisqually Tribe is willing to preserve this piece of history and we'll be so excited if the original artist can ever be known," said Herman Kleiner, who in his 90s himself, is still living in Tacoma with his wife Barbara. The family has kept meticulous records of the business and there are a number of photos of the pole that may help with identifying the original artist.

Derwin Goddard, fire management officer for Nisqually who also assists with the Nisqually Cemetery, said the pole was well dried out this summer after sitting outside in Tacoma all those years. It's now covered in the Recovery Cafe where those in recovery will begin its restoration, similar to the work they did with Nisqually's welcoming pole that is installed in front of the new housing site.

"It's great to have another spiritual project to work on," said Nisqually Tribal Chairman, Farron McCloud. Work will begin in the spring under the supervision of Antonnette Squally, cultural advisor.





FEMA Seeks Applicants for Youth Preparedness Council

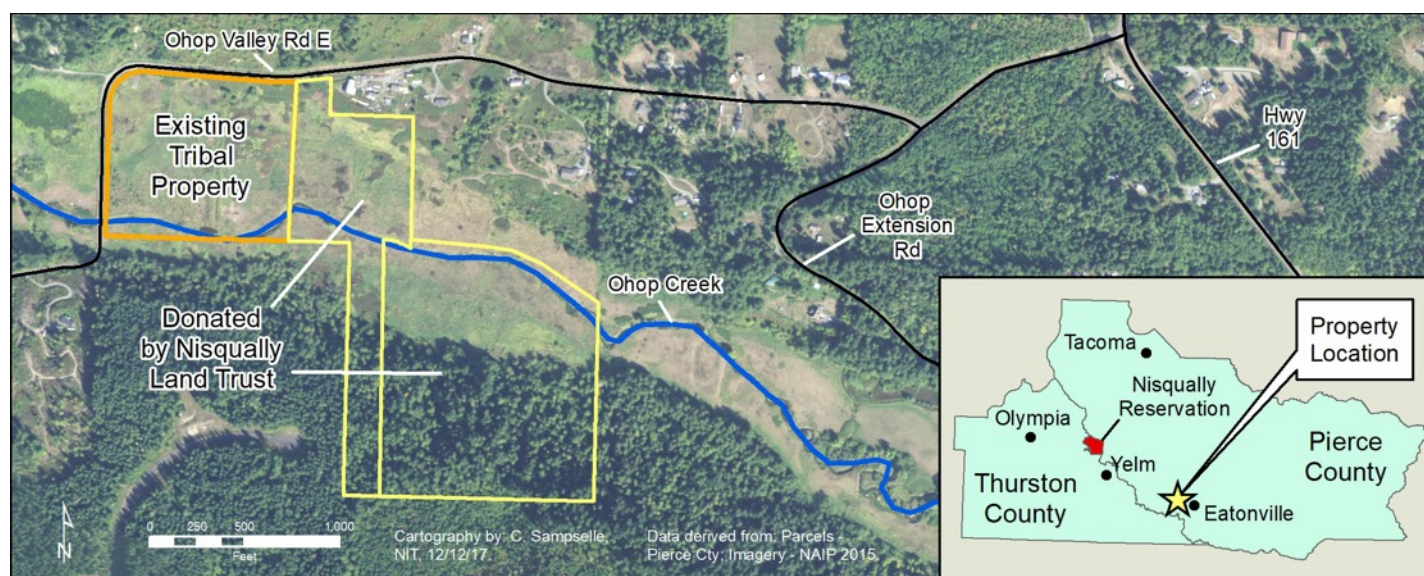
Federal Emergency and Management Agency is seeking applicants for the Youth Preparedness Council, which brings together teens from across the country who are interested and engaged in community preparedness. Council members are selected based on their dedication to public service, their efforts in making a difference in their communities, and their potential to expand their impact as national leaders for preparedness. Students in 8th through 11th grade are eligible to apply.

The Youth Preparedness Council, formed in 2012, offers an opportunity for youth leaders to serve on a distinguished national council and participate in the Youth Preparedness Council Summit in Washington, D.C. During their two-year term, the leaders will complete both a local and national-level project and share their ideas regarding youth disaster preparedness with FEMA leadership and national organizations.

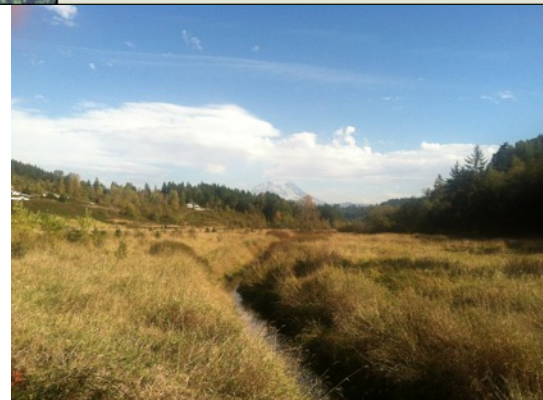
Youth interested in applying to the Council must submit a completed application form, provide two letters of recommendation, and academic records. All applications and supporting materials must be received **no later than March 18, 2018, 11:59 p.m. PT** in order to be eligible. New council members will be announced in May 2018.

To access the application materials, read about the current Council members, and for more general information about the Youth Preparedness Council visit www.ready.gov/youth-preparedness-council.

Land to Nisqually



The Nisqually Land Trust recently transferred ownership of two parcels totaling approximately 51 acres to the Nisqually Tribe. They are located in the Ohop Creek valley, where the tribe and Nisqually Land Trust have been working together to restore salmon habitat. Prior phases of salmon restoration have added many acres of salmon-friendly watershed and this transfer will support a future restoration project.





Update that App?

Tips from the IT-WebDev Department



Sometimes the “latest and greatest” may not be all that great. A recent application (app) update by the makers of the Snapchat social app for mobile phones has users in an uproar. Changes to app layouts or features that are used

comfortably in everyday life typically aren’t accepted well without proper notification or the ability to become familiar with the changes. In the case of Snapchat, apparently the features of the new app and the removal of certain other features were not accepted well by the user community. Snapchat community users (primarily millions of teenagers and certain celebrities) are posting their outrage on posts on social media outlets such as Twitter. As recently as November 2017, Snapchat proclaimed an app update that made the app easier for users, “especially for older users.” Snapchat’s user base is around 187 million, well behind Instagram Stories’ base of approximately 300 million daily users.

In general, automatic app updates are common and helpful but there are settings that can help control how app updates are applied to smart phone devices. App maintenance updates occur weekly on average with other update periods as once or twice a month. There is an “update all” app setting on most of these devices to automatically allow these updates to happen. Users can typically go into the device’s app settings to set certain apps to either update automatically or not. These settings are usually found in the Google Play Store on Android devices or in the iTunes and App Store setting on iPhones. Note that app updates also require a certain amount of device storage space and it is crucial to be familiar with these settings and also to avoid concerns of app security updates which are truly necessary and helpful.

Disclaimer: *The Nisqually Indian Tribe does not endorse, promote, review, or warrant the accuracy of third-party services and/or products links provided.*

Two members of the Q13 News team interview David Troutt, Director of Nisqually Natural Resources, about the seal and seal lion predation study and the orca connection between salmon, seals and orcas.





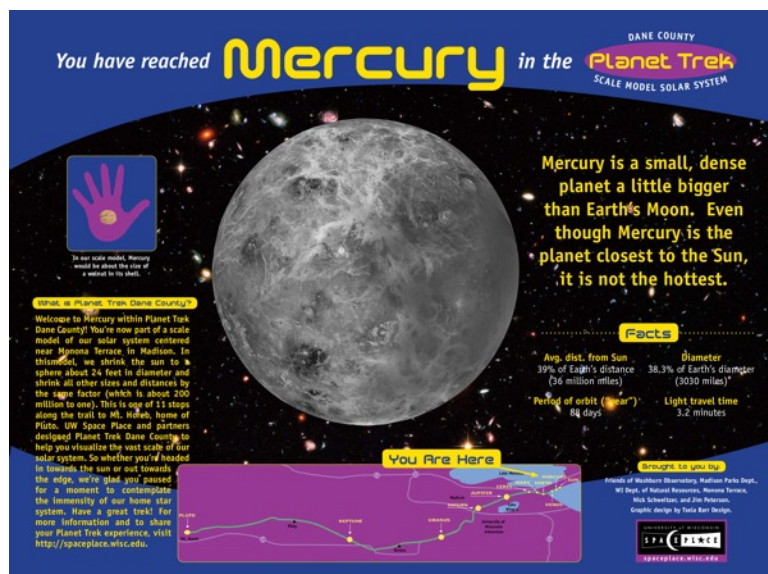
Finding Mercury, the Night Sky – March 2018

By George Walter

Some of you have asked me about observing planets in the night sky. When they are present, the larger or nearby planets (Venus, Jupiter and Saturn) are easily noted. And, Mars also is sometimes easy to find. But Mercury, the planet nearest to our Sun, is always difficult. That's because Mercury is small and often behind or lost in the glow of the Sun.

March is the best month in 2018 for spotting Mercury. Here are the details. Throughout most of March Mercury will be visible low in the western sky just after sunset. On March 15, it reaches its highest point above the horizon and will be easiest to spot. And, fortunately, the much brighter planet Venus will be nearby. For the first three weeks of March, the two planets will be so close that they both will appear in one binocular field. Mercury will be the brightest object, other than Venus, in the low evening western sky. With dark skies and good binoculars, you should be able to see that both planets are round and only partially lighted, like a crescent Moon.

Other March night sky sights are the familiar winter constellations. Orion now appears toward the west (earlier in the winter it was immediately overhead). Lower in the south is the brightest star, Sirius. More overhead is the constellation Gemini, the twins, followed across the night sky by Leo, with its curved reverse question mark head. There is a convenient, and free, "Sky Map" app available for smartphones that shows all the constellations and bright stars.



Strengthening Tribal Education Program
Empowered people fulfilling their dreams and aspirations.

S.T.E.P.
NEW POSITIONS
COMING SOON!

Must be at least 18 years old to apply.
For more information contact:
Tia Lozeau, S.T.E.P. Coordinator
tlozeau@redwind.net
(360) 412-3651
or visit step.redwindcasino.com

REDWIND
CASINO



WELLBRIETY Talking Circle

Where: Nisqually Recovery Café

When: Friday Nights

Time: 6:00 p.m. - 7:30 p.m.



Nisqually Recovery Café
4820 Billy Frank Jr Blvd.
Olympia WA 98513

Everyone is welcome and encouraged to share Recovery, the struggles and the strengths. You will find support for each other and spread hope at this open talking circle meeting.



Olympia Waterfront Park and Trail to be Named for Billy Frank Jr.

A waterfront trail and park in Olympia will be named for Billy Frank Jr., tribal treaty rights activist, and will be dedicated on his birthday, March 9.

"I am glad it's something that's a place and will have interpretive signs," said Willie Frank III, Billy's son and tribal councilman.

The project was passed unanimously by the Port of Olympia commission recently and will name a waterfront trail that goes along the port and a small park on the north end of the port area after Billy Frank Jr.

Once the dedication occurs on March 9, work will begin on the kiosks and signs. The expected \$80,000 cost will be shared by the Port of Olympia, Salmon Defense and Squaxin Island Tribe.



Nisqually AmeriCorps team members Jack George, front, and Nolan Matheny and Randy Fossella pause in front of their handiwork of the playground on 21st Street where they helped install the playground, build and paint the fence and put in a wood ramp. Missing from the picture are Feather Villegas, Celeste Fossella and crew boss Eric Burfiend. The crew has worked on the Nisqually State Park, Ohop Creek projects and clean-up along the river along with other projects.



Bad Breath

By Russell Rogers DMD

Have you ever been out and about with your loved ones and one of them hands you a piece of gum and gives you that awkward look. We don't feel it, we don't taste it, but it's there – bad breath. This happens to everyone and it can be a bit embarrassing.

What causes bad breath and more importantly how do we avoid it?

Halitosis is the technical term for bad breath. The simple answer of where it comes from is **bacteria**. Certain things can increase the amount of bacteria in the mouth. Saliva is the body's natural way of washing bacteria out of the mouth. Things like medications and breathing with your mouth open can lead to a dry mouth which causes the bacteria to build up. Tooth

plaque and periodontal disease cause tons of bacteria to build up on the teeth, gums and tongue.

The best way to get rid of bad breath-causing bacteria is to brush and floss regularly. Also brushing your tongue, especially toward the back, removes the bad breath causing bacteria. Mouthwash is a very good way to swish out that stubborn bacteria in areas you can't reach with brushing and flossing.

Make a visit to your dentist and hygienist to get more helpful pointers on how to keep that pesky bacteria from building up in your mouth.

Nisqually Tribe Dental Clinic
360-413-2716

How Your Health Information is Protected

By Lisa Wells and Addie Spencer

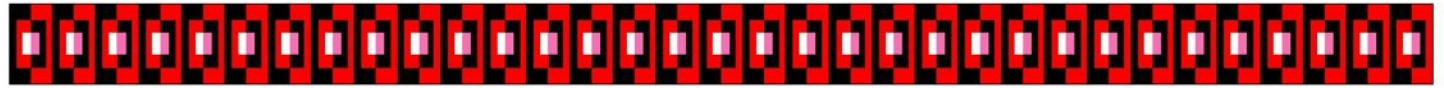
You might be wondering how the Nisqually Tribal Health Department safeguards your protected health information. There are many layers of protection, from software encryption to Health Department policies based on Federal HIPAA standards. We will outline a few key points for you here:

1. **Release of Information (ROI).** This is the form that we may ask you to sign granting your medical team permission to discuss your health with other providers. If you move and want your new provider to know your health history, you will need to sign a ROI so that the Nisqually Health Clinic can send your medical records to your new provider.
2. **Referrals.** When your medical provider refers you to an outside provider they will communicate your medical information to coordinate your care. For example, if you are referred to see a cardiologist, we will send a copy of your medication list, your health summary, your recent labs and other relevant medical information to the cardiology office that will assist them with your care.
3. **General care coordination.** You can count on your primary care provider to play an active role in coordinating your medical care with your best interest at heart. In the unlikely event that you land in the hospital, your provider will likely reach out to

the hospital team to be sure they have accurate and current information about your health status.

4. **Business.** The Nisqually Tribal Health Clinic also shares some of your health information with your insurance carrier. This is shared on a "need to know" bases only. Only the minimum information necessary is exchanged.

Any time you have question or concerns about how your protected health information, you can come by the registration desk and ask for a copy of the Nisqually Health Clinic's Notice of Privacy Practices or talk with the Health Services Director.



Nisqually Tribal Health Clinic

Tribal Assister

If you need to renew or update your medical coverage, Washington Apple Health, or if you do not have any medical coverage, you may be asked to work with our Certified Tribal Assister to explore the possibility of coverage at no cost to you.

We can help to see if you are eligible for Washington Apple Health or any other Qualified Health Plan (Insurance) through the Washington Health Plan Finder.

Please see:

Dylan Fills Pipe

Certified Tribal Assister

(360) 459-5312 ext. 2007

He is located in the clinic in the office behind the registration desk.



SPIA WIC at Nisqually (Women, Infants, and children)

Provides healthy foods and nutrition information for you and your child up to age five.

Please bring:

Your child, Provider One Card or paystub and Identification for you and your child

Wednesday March 14, 2017

at USDA Food Warehouse

10:00 a.m. - 2:00 p.m.

Date and time may change

Contact Debbie Gardipee-Reyes at 360.462.3227,
gardipee@spipa.org or Patty Suskin at 360.462.3224





18th Annual sq^wali ʔ abs^v Wellbriety Pow~Wow

March 16, 17 and 18 2018

At the Nisqually Youth and Community Center
Coastal Jam Friday March 16 at 8:00 p.m.
Grand entry Saturday 1:00 p.m. and 7:00 p.m.
Sunday at 1:00 p.m.



Nisqually Elders Menu
(360)486-9546 Cooks: Va and Angeline

*menu subject to change**

MARCH 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Crisp Green Salad & Milk Served Every Day. Wheat Bread as Needed	Baked Pork Chops Brown Rice Roasted Veggies Fresh Fruit	Beef Barley Soup Salmon Salad Sandwich Fresh Fruit	
4	Garlic Chicken Wild Rice Pilaf Veggie Blend Jello Fruit	5	6	7	8	9
			Ham Hock w/Lima Beans Corn Muffins Roasted Kale Fresh Fruit	Baked Salmon Steamed Clams Red Beans Potato Salad Huckleberry Dessert	CLOSED Billy Frank Jr. Day	10
11	Stuffed Peppers Brown Rice Glazed Carrots Jello/Fruit	12	13	14	15	16
			Kalua Pork with Cabbage, Sweet Potatoes, Mac Salad Fresh Fruit	Baked Rosemary Chicken Potato Medley Roasted Veggie Blend Fresh Fruit	Corned Beef / Cabbage Soda bread Fresh Fruit	17
18	Beef Goulash Buttered Noodles Broccoli Spears Jello/Fruit	19	20	21	22	23
			Sausage w/Peppers Oven Potatoes Green Beans Fresh Fruit	Salmon Loaf Wild Rice Pilaf Wilted Spinach Fresh Fruit	Cabbage Soup Hot Pastrami Sandwich Fresh Fruit	24
25	Swiss Steak Mashed Potatoes Veggie Blend Jello/Fruit	26	27	28	29	30
			Coconut chicken Baked Yams Roasted Veggies Fresh Fruit	Baked Cod Rice w/Beans Roasted Greens Fresh Fruit	Beef Fajita Tortilla Rice & Beans Fresh Fruit	31

Birthdays and Announcements



*94th Birthday Party
For
Auntie Maiselle Bridges*



Happy 14th Birthday to Danielle (January 30th) &
Happy 9th Birthday to Megan (February 11th)

Love,
Mom, Dad, Emily & Michael

February 9, Happy 16th Birthday Janae, Love the McDonald Family

February 12, Happy Anniversary Rodney, Love Marie

February 13, Happy Birthday Chase, Love the McDonald Family

February 15, Happy Birthday Kiki, Love the McDonald Family

February 20, Happy 1st Birthday to our Grandson Papa Jr., Love Papa and Grandma

The Kautz and Petero families would like to thank everyone for their love and support in helping us celebrate and lay Alice to rest. In this difficult time, it is a true blessing to feel the love of the community for her and our families.



Nisqually Indian Tribe
4820 She-Nah-Num Dr. SE
Olympia, WA 98513

