

Notice to Community

Nisqually Tribe Behavioral Health Program Restructure

May 6th, 2021

Good Day Nisqually Tribal Membership and Community,

As you may have heard, the **Nisqually Behavioral Health Program** is going through some very exciting changes; a time of renewal for generations to come.

We listened to your recommendations collected from the many surveys you provided and will be restructuring the program over the next several months. We are working closely with Tribal Administration for approvals on all levels of this restructure. **We want to hear from you** about your needs, and how we can improve our program.

What does that mean?

- Behavioral Health patients will continue to receive services, just in a slightly different way
 - We are partnering with Royal Life Treatment Centers and South Sound BH Hospital to refer out for continuation of IOP, Group and Mental Health services.
 - We will be reaching out to all of our patients to link each person with needed services and accommodate everyone's needs to the best of our ability.
 - o Royal Life has offered to host a Nisqually-specific recovery group.
 - Coordination of patients back into the Nisqually BH program will take place with the program reopening.
 - Transportation to and from appointments will be scheduled and arranged by staff to support out patients Individual Service Plans.
- Amy Sohler, LMHC will continue to be available for Mental Health Counseling, however appointment availability will be limited. Please call with questions
- Our offices will be closed to the general public for the time being, with drop in hours below.
 - Drop in hours are available during the following times:
 - Thursdays from 1:00-4:30PM
- Due to COVID19 safety precautions, the program is also developing telemedicine options to support social distancing and alternative access to patient care.

We appreciate everyone's support during this time of transition.

For questions, please call or email Pam James, Interim Behavioral Health Manager at: 360-413-2727 or pam.james@nisquallyhealth.org