Nisqually Elders menu (360)486-9546 Va & Titan, Cooks

menu subject to change Non-elder price \$4.00

NOVEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Yankee Pot Roast Mashed Potatoes Peas & Carrots	2 Tuna Casserole Roasted Veggies Wheat Bread	3 Sausage & Peppers Oven Potatoes Green Beans	4 Garlic Parmesan Chicken Wild Rice Pilaf Broccoli Medley	5
6	7	8 Chicken & Dumpling Broccoli Spears Wheat Bread	9 Oven BBQ Ribs Baked Beans Corn on Cob Cornbread Muffin	10 Lunch @ Youth Center	CLOSED 11	12
13		15 Baked Cornish Hen Red Potatoes Green Beans	16 Ham Hock w/Beans Roasted Kale Cornbread	17 Make Your Own Tacos Red Rice Black Beans	18 Ham, Bacon Scrambled Eggs Breakfast Potatoes Toast	19
20		22 Salmon Clams Crab Legs Cheese Cake	23 Early Release Tribe Half Day	24 CLOSED Happy Thanksgiving	25 CLOSED Thanksgiving Break	26
27		29 Swedish Meatball Buttered Noodles Veggie Blend	30 Cheese Burger & French Fries			