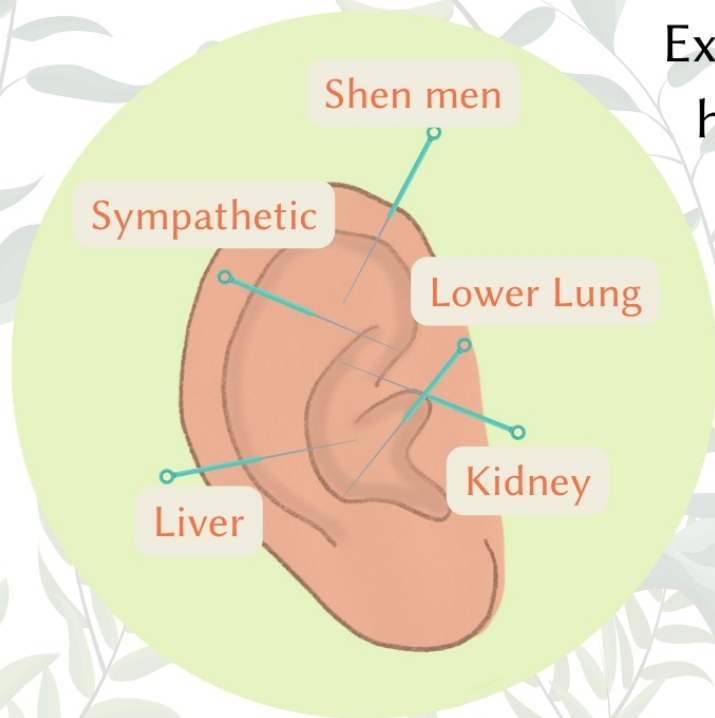




Traditional Healing

Ear Accudetox @ NTHWC

Experience the benefits of this ancient healing that can help reduce stress, anxiety, and other health issues.



**NEW SCHEDULE
STARTS JULY 7**

Monday & Thursday
10:00 AM – 2:00 PM
NTHWC - Healing Room
Drop-in welcome

The Five points and their benefits:

1. **Sympathetic Point**, which calms the nervous system and helps with overall relaxation.
2. **Shen Men** or "spirit gate", which reduces anxiety and nervousness;
3. **Kidney Point**, for reducing aggression, calm fears, aids digestion and heal internal organs;
4. **Liver Point**, for detoxification, blood purification, and to suppress aggression; and
5. **Lung Point**, which promotes aeration and helps reduce grief.

Call us at 360-459-5312 for details

tiXiXtubut. *Take care of yourself.*