



NISQUALLY
 ELDERS PROGRAM
 sǫʷaliʔabš sluʔluʔaltxʷ

August 2025

Menu Subject to Change

Tuesday	Wednesday	Thursday	Friday
		Tribal Journeys Paddle to Elwha 2025	Swedish Meatballs 1 Buttered Noodles Roasted Veggies
5 Tomato Soup Grilled Cheese Sandwich	6 Baked Pork Chops Roasted Potatoes Veggie Blend	7 Stuffed Bell Peppers Brown Rice Glazed Carrots	8 Turkey Mashed Potatoes & Gravy Peas
12 Chicken & Dumplings Broccoli Spears Bread	13 Chinese Pepper Steak Pan-Fried Noodles Roasted Veggies	14 Sausage & Sauerkraut Oven Potatoes Green Beans	15 Hamburger Soup Rolls
19 Fried Salmon Potato Salad Baked Beans	20 Hot Beef Sandwich Au Jus Baked Chips	21 Spaghetti Roasted Veggies Garlic Toast	22 Mushroom Chicken Veggie Blend Wild Brown Rice
26 Indian Tacos	27 Elder's Summer Shindig Food & Prizes	28 Biscuits & Gravy Ham Egg Scramble Fresh Fruit	29 Early Closure Administrative Day

The Elder's Program is located at:
 4842
 Journey ST
 SE, Olympia
 WA 98513
 (Next to the Health Clinic)

Phone:
(360)486-9546

Lunch Service:
 Tuesday—Friday
 12:00pm—1:00pm

****There is a charge of \$4.00 for non-eligible meal guests.****

pədtʌqɑ - "Time of Salal-Berries"