

Nisqually Tribal News

4820 She-Nah-Num Dr. SE Olympia, WA 98513

Phone # 360-456-5221

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www.nisqually-nsn.gov

August 2025

Nisqually welcomes canoes at Zittel's Marina

By Debbie Preston and Aztec Sovereign, Nisqually Tribe Communications and Media Services with assist from support boat skipper Keoni Kalama

The Paddle to Elwha Canoe Journey started for Nisqually with travelling from Squaxin Island with other canoes in southwest Washington to be welcomed and fed by the Nisqually community before heading out early on July 25.

Landing at the Lower Elwha Klallam Tribe was July 31. With the sediment reclaiming the shore following the removal of the Elwha dams, the tribe was able to welcome everyone at their own beach. It was too dangerous in the past.

Canoes came into Zittel's Marina after the extreme low tide prevented the original landing spot of Luhr Beach. A big shout out to Zittel's for welcoming an unexpected crowd with about an hour's notice! Nisqually Transportation provided shuttles which cut down the cars.











Nisqually Tribal Office Holiday Closures

Please mark them on your calendars!

Monday September 1, 2025 **Labor Day**

Monday September 29, 2025 Nisqually Day

How to Contact Us

Tribal Center 360-456-5221 Health Clinic 360-459-5312 Law Enforcement 360-413-3019 Youth Center 360-455-5213 Natural Resources 360-438-8687

Nisqually Tribal News

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Leslee Youckton youckton.leslee@nisqually-nsn.gov ext. 1252

The deadline for the newsletter is the second Monday of every month.

Nisqually Tribal Council

Chair, Ken Choke Vice Chair, Cheebo Frazier Secretary, Jackie Whittington Treasurer, Norine Wells 5th Council, Chris Olin 6th Council, Guido Levy Jr. 7th Council, Leighanna Scott

Where to Find Information:

Squalli Absch Newsletter

- Mailed, on website

Street Buzz

- Mailout, on She Nah Num Facebook and website Nisqually Indian Tribe Facebook

- geared toward educating the public She Nah Num
- Private Facebook page Website - www.nisqually-nsn.gov

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Nisqually Indian Tribal Housing Welcomes New Housing Board Members.

The Housing Dept welcomed their new Housing Board members at their first meeting on June 17th. The new board consists of Krystle Badoldman (elected Chair), Jean Sanders (elected Vice Chair), Sommer Sanchez, and William "Willie" Wells. The Board has provided bios below to introduce themselves to the community and express their hopes for the Housing Department in the future.

Krystle Badoldman (Wells)

Good day Nisqually! My name is Krystle Badoldman



(Wells). I am enrolled Nisqually member, my father is William Wells Jr. and my mother is Jeanne Marsden (Gill) of Quinault Nation. I was born and raised on the Nisqually reservation, but did move to the Yakama reservation for a few years in my younger

years, I came back home when I was 13. Worked summer youth until I was 17. Once I turned 18 I worked at the Nisqually Red Wind Casino for couple years, then worked at the Rez Mart for couple years, went from casino and rez mart off and on, until around 2011. Then I started contract work at the daycare here in Nisqually, worked there a couple years, then transferred to Early Childhood, for about 5 years then I transferred to the Emergency Management program and been working here for 10 years now. I love working for my people and helping them out, when COVID hit I was a part of the startup lunches for the children. It really was an amazing thing seeing all the kids every day, and them being so happy to come by and get a lunch, and have something to look forward to.

I have been married to my husband for almost 8 years (In August) but we have been together since 2006. We have taken care of 13 children in the time we have been together. We love taking care of children and what they bring to our home. Knowing they will always have a forever home is heartwarming. My husband and I love our time alone, even though its far and few in between, but we will

take what we can . I love when we just pack up the rigs and just go for a drive for the day, with no destination, we just go! Kids love it! sometimes we end up at the beach, other times we end up in the mountains to check out Paradise, one of our favorite places. We love to travel as well with our children. First year having these last three kids we took in, we did a girls trip to Vegas, and it was a blast! We was able to go down to Disneyland last year in February, and we had the time of our life. As always plan to do it again! We made road trips and flew to Arizona to visit nephews and niece down that way from the White Mountain Apache Tribe. Seeing the different scenes around us was amazing.

Being on the Housing Committee, I would like to see some much needed changes. One is work on homes being done in a timely manner, getting homes for our people that suits them and their families. Being taken off the housing list myself due to having a rental was a bit upsetting to me, I would like that changed back, unless we are given the opportunity to buy or rent to own our homes. Also would like to see the ones that are in apartments put back on the housing list, as I feel apartments are temporary, and I feel it would be harder to set roots.

I feel like no matter where I am, Nisqually is home and my roots are here, but I would like to own my own home and build roots for my kids. I been in my home for over 10 years, and haven't had much fixed on it that is supposed to be fixed. So this is why I would like to see work being done in a timely manner. Having mold and being allergic to it is hard. I know some older homes may have them same issues. And I know these are minor things, but this one thing I want to see change.

I would like to give thanks to Jordan (housing director) for actually listening and communicating things with me since he has been director for housing. Getting on the Housing Committee, I feel my fellow board members feel the same with having things done in a timely manner, and I feel like all our goals are about the same. I hope having our names and faces out there, and knowing who is on the committee that we can assist the best to our ability. I would also like to see more communication between the committee and you the Nisqually people. I thank

Continued on page -5-HOUSING





SAVE THE DATE!

Nisqually Housing Fair

NEW DATE: SEPTEMBER 26, 2025

Time: 12:00 p.m. – 3:00 p.m. Location: Nisqually Youth Center

Phone #: 360-493-0081

Email: HOUSING@NISQUALLY-NSN.GOV

YUMMY BBQ, Raffle Drawings, & So Much More!

The first 40 People to sign in will get a bag full of cleaning supplies & tool kits! Fill out our Housing Survey and get a free \$25 Shell gas gift card! Also check out all the vendors, contractors, & suppliers, for all your housing needs!



Mission Statement: The Nisqually Housing Program's Mission is to Provide Safe, Sanitary, & Affordable Housing to the Tribal Membership.

Continued from page 4-HOUSING

you for your time, and hope to see what changes we can make, and can't wait to see what the future holds for our people and having homes for us all!

Jean Sanders

My name is Jean Sanders, I am happy to be



appointed to the Housing Board. I've years of housing experience and tribal leadership in many areas. I would like to see our board work close with the community, become knowledgeable of the tribal housing needs and work close together to help us build our goals to achieve them. You can contact me through facebook, Jean

Dunstan or leave message through Nisqually Tribe. I look forward to hearing from you soon.

William Wells Jr.

My name is William Wells Jr. I was born and raised on the Nisqually Reservation. Between my wife and I

we have a blended family with nine children. All from the Nisqually and Yakama Nation. I retired a couple of years ago. I have served on Tribal Council, Fish Commission, Cemetery, Elders, and Housing Committee.

I would like to see a few changes; policies, and procedures updated. More transparency for our members and better communication to the people.

Sommer Sanchez

My name is Sommer Sanchez, my parents are Gene Sanchez Sr. and Jill Madera. I have lived on the reservation my whole life, and have seen the growth and the need for housing for tribal members.

I have worked for the tribe for 15 years now starting as a receptionist and moved up to Tribal Council as the executive secretary and now working as the office manager.

I have recently gotten on the Housing Board this is my first Committee, and I am looking forward to learning more and working on policies and procedures to help ensure the growth in homes for our members.





New House Completed and More to Come!

By Allison Kautz

The house at 4821 Muck Creek was completed on July 11, 2025 by the Nisqually Indian Tribe Building Department crew.

NITH and Building
Department anticipate
eight more houses to be
built by end of 2026,
located on Zelma St. SE.
Kevin Sutterlict (Home
Builders Superintendent)
and Jordan Keating
(Housing Director) pose
after a successful final
walk through before
moving in the new tenants.







STEPS Program Mentoring Meeting

The STEP program recently held its monthly STEP/Mentor meeting at the beautiful Nisqually Medicine River Ranch, which turned out to be an incredibly informative and enjoyable experience. During our time there, we learned about the various offerings of the ranch, particularly in the realm of equine counseling. Their program focuses on creating mindful healing while addressing important areas such as managing emotions, self-regulation, grief and loss, life skills, substance abuse, and problem gambling.

The ranch itself spans over 70 acres and is home to around 40 horses, along with a variety of other animals, including cows, pigs, and goats. It was wonderful for both apprentices and mentors to explore the facility and interact with these amazing animals. The opportunity to pet and ride the horses added a fun and interactive element to our meeting.

Overall, the outing was a great success. Everyone who attended had a fantastic time learning about the ranch's programs while enjoying the serene environment and the warm company of fellow participants. It was a memorable experience that truly highlighted the healing power of animals and the importance of the work being done at Nisqually Medicine River Ranch.

Tia Lozeau on behalf of the STEP Board.









Medicine Springs Lunch Community Input

By Aztec Sovereign photos, Nisqually Tribe Communications and Media Services

As part of a series of public meetings held about the future uses of Medicine Springs, the Building Department hosted a informational lunch and collection of input about the springs there with CJ and Averi providing a lunch for those who attended.

The comments already received were on display along with places to contribute additional comments. The event was well attended and it was great to get additional input.

There is a picnic shelter at Medicine Springs now with a fire pit.



















Nisqually State Park

By Debbie Preston, Nisqually Tribe Communications and Media Services Director

The second phase of the Nisqually State Park is coming together toward a fall opening for the public. Nisqually Tribe council and Nisqually Parks Commission members recently toured the construction in progress. The group saw the new Park Administration building, the trail down to the Nisqually River, and viewing platforms over Ohop Creek. These platforms will provide overlooks where visitors can see salmon spawning in the fall. This is the only public salmon viewing spot on the Nisqually River and will be a highlight for school groups and families when the fish are running.

There is Nisqually contributed artwork throughout the project. The group saw park benches along the trail that feature Coast Salish designs as well as sites where Nisqually contributed artwork will be installed. This will include a "Nisqually Seasonal Round" mural created by Kyle Sanchez on one of the overlook platforms.

The other artwork that is already in place is the Welcome Figure carved by Ed Archie Noisecat and Nisqually community artist Blaze Pluff. This is the same figure that has been in the Administration lobby for the past several years. It will be greeting visitors to the Park Admin building and to the Nisqually River Trail. This figure was recently awakened and blessed by Noisecat's son Julian Brave Noisecat.

Future phases include a campground and Visitor's Center. The Parks Commission continues to work closely with Washington State Parks on the Village Center design, which will include a memorial to the victims of the Mashel Massacre.

There will be an official opening ceremony of this phase of the park sometime in the fall. Watch for invites!















Community Clean Up

By Aztec Sovereign, Nisqually Tribe Communications and Media Services

Thank you to all who participated in the Community Clean Up on July 16, withstanding some pretty high temperatures as well!















Youth Financial Literacy Event

By Aztec Sovereign, Nisqually Tribe Communications and Media Services

The Nisqually Tribe Office of Management and Budget along with partners offered a financial literacy course to Nisqually youth that involved all kinds of smart money tips, including knowing a good deal, using your money wisely and peer to peer chats.



















Clean Energy Info Dinner

By Aztec Sovereign, Nisqually Communications and Media Services

John Mankowsky and Wayne Lloyd were the main speakers for the Clean Energy Future dinner on Tuesday, July 22 followed by breakout listening sessions about solar and other clean energy alternatives.

Topics presented included the grid project that takes moisture out of the atmosphere to create hydrogen power and store energy in low pressure tanks, meaning there is no danger as in high pressure storage of things like natural gas. Storing energy will quickly improve the tribe's ability to be nearly energy independent in the future.

There was also discussion of the existing buildings on campus that will also receive solar panels, such as the Nisqually Youth Center and the Public Safety.







Family Adult Literacy and Other Services Dinner

A semi-annual Community Resource Dinner focusing on Financial Tips had bonus tables from the Community Garden and Job Training along with information from Bank of America and other tribal support programs was held July 16.









Hactivists – The Threat is Real

Tips from the IT-WebDev Department

Hacking is no longer just about breaking into a computer to steal money or data. Hackers have developed new methods of influencing policy and bringing about change. Especially with society's heightened sense of political awareness. Subsequently, they are turning internet activism as a way of spreading their idealism. Simply put, a hacktivist is someone who uses hacking to bring about political and social change. The term "hacktivist" dates back to 1994, originating from the hacker group "Cult of the Dead Cow."

In June 2025, cybersecurity researchers confirmed the largest password leak in internet history. Over 16 billion unique credentials, including passwords, session tokens, cookies, and metadata, were exposed in a single compiled breach. This wasn't just about login details, it enabled full impersonation of users across platforms such as Apple, Google, Facebook, GitHub, and Telegram. According to analysis from Cybernews, Sophos, and other security researchers, this breach was not the result of a single attack but an accumulation of years of infostealer campaigns. The leak was briefly available on the dark web and underground forums before being removed. It was too late however and the damage may already be done; with metadata and session cookies at hand, attackers can impersonate users without even needing their password.

Recently physical attacks have also occurred, such as one in California, impacting Spectrum Internet services. The Internet outage was labeled as 'domestic terrorism'. Among those impacted were a U.S. military base, emergency dispatch and 911 communication services, local fire and police departments, financial institutions, court buildings, healthcare facilities and hospitals, educational

institutions, as well as cell towers providing mobile services.

We've covered topics in prior newsletters such as Internet security, securing wireless networks, phone app cautions, malware tips, email and scam threats,

password protection, and social engineering attacks. The key is to remain vigilent in awareness of technological threats. But change will not come from technology alone. Real progress will depend on usability, smart defaults, and cultural



On June 22, 2025 U.S. Homeland Security realeased a National Terrorism Advisory System Bulletin. The ongoing Iran conflict caused a heightened threat environment in the United States. Low-level cyber attacks against US networks by pro-Iranian hacktivists were likely, and cyber actors affiliated with the Iranian government may conduct attacks against US networks.

shifts. "The goal isn't to educate people into better behavior. The goal is to protect them without making them think."

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July Food Distribution

Photos by Aztec Sovereign, Nisqually Tribe Communications and Media Services

It was a lovely weather day on July 18 when another food distribution was held with all kinds of seasonal goodness such as corn, peaches, meat and other vegetables. A big thank you to all those who volunteered to help organize and distribute.







Elders Paint With Me Fish Cut Out











Health Fair

By Aztec Sovereign and Debbie Preston photos, Nisqually Tribe Communications and Media Services

The Health Fair featured Elizabeth Siegel getting some more flowers for her service to the Nisqually Tribe, along with entertainment for kids and adults alike. There was a lot of good food, including the Medicine Creek Community Garden, The Masonry and several food trucks. It was truly a family event.









The Nisqually Medicine Creek Community Garden crew chats with folks about what is growing in the garden. Jay Hicks-Bullchild welcomes those attending with colorful gifts and language books. Taking good care of his sibling while Dad is ready to step in if necessary. Staying cool under the tent were the Nisqually Police Department officers.









Learning and Development Specialist



About Me

I'm an Organization Development Professional with 15+ years of experience helping teams and leaders thrive in complex systems. My work spans the Health and Human Services sector, including roles with government agencies, the Department of Defense, and nonprofit organizations. I specialize in organization design, strategic planning, culture transformation, leadership development, and capacity building.

Areas of Expertise

In addition to a strong foundation in conflict resolution and mediation, I support individuals and teams in aligning strategy with structure, building collaborative cultures, and leading change in complex environments. I've facilitated leadership retreats, guided organizational redesigns, coached both emerging and senior leaders, and developed tailored learning programs to meet diverse organizational needs.

Approacl

My work is grounded in curiosity, empathy, and a belief that when people feel heard and supported, organizations can truly transform. Whether I'm helping leaders communicate with clarity, guiding teams through change, or resolving interpersonal tensions, I meet people where they are and support them in moving forward together.

Elizabeth (Liz) Morris

PROFILE

Outside of work I enjoy hiking, biking and pickle ball. Anything that gets me moving and outdoors. I am honored to join the Nisqually Indian Tribe as the new Learning and Development Specialist and look forward to learning with and from the community as we grow together.

EDUCATION

Royal Roads University

September 2021 - May 2023

Master of Interdisciplinary Study, Organizational Behavioral Studies

Royal Roads University

September 2019 - September 2020

Post Graduate Certificate in Organizational Design and Development

Certified Mediator, C.MED, Thurston County Dispute Resolution Center

LET'S CONNECT

- Phone: 360-456-5221 ext. 1253
- Email: morris.elizabeth@nisqually-nsn.gov
- Reach out if you need assistance with an organizational challenge or if you just want to grab a coffee.



Protect Yourself and Loved Ones with Vaccines

Vaccines teach our bodies how to recognize and fight infections like measles, whooping cough, and flu. Vaccines are for everyone: pregnant women, babies, children, teens, adults, and elders.

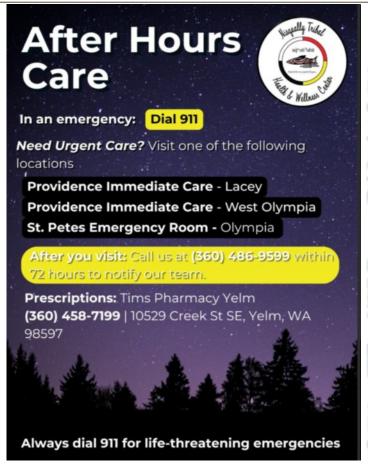
By strengthening our immune system, together we help protect entire communities from serious illness.

To get vaccinated, or to ask about what vaccines you may need, please contact the Nisqually Health & Wellness Center Medical Clinic at (360) 459-5312











Bright Smiles Start Young!

We're celebrating healthy habits and strong teeth with our Kids Cavity-Free Club at NTHWC!

When children come in for their routine dental cleaning and have no new cavities, they'll receive a fun Cavity-Free Gift Box to reward their healthy smile!

Call today to schedule your child's appointment: (360) 413-2716

Let's build lifelong habits, one smile at a time.







Overdose Wwareness Day

Friday, August 29 11 AM – 2 PM NTHWC

Join us in honoring lives lost and supporting healing in our community.

This event will include:

- A Narcan "How-To" video and discussion on preventing overdose
- A walk to promote awareness and connection
- Narcan Vending Machine overview Learn where they are and how they help
- A Robe of Remembrance Bring a photo of a loved one to share their memory
- Boxed lunch

This gathering is about lifting each other up, sharing knowledge, and honoring those we've lost. All are welcome to come reflect, learn, and connect.

Questions? Contact us at (360) 413-2727



Health Clinic Job Announcements!

The Traditional Healing Program is currently recruiting for a Clinical Herbalist and an Herbalist Apprentice.

These roles are essential to continuing the work of cultural medicine, plant-based healing, and community support.

Watch for job announcements on the Nisqually Tribe's website and share with those who may be interested.

We encourage qualified individuals who honor traditional ways and community wellness to apply.

Indigenous Milk Medicine Week August 8– 14th

Interested in learning more about the countless benefits of lactation and breast/chest feeding for babies, lactating mamas and parents, and communities?

Celebrate seven years of Indigenous Milk Medicine Week with the Indigenous Milk Medicine Collective during their Unapologetically Indigenous: Love, Landback & Liberation virtual gathering on August 8-14th.

For more information: email: indigenousmilkmedicine@gmail.com or Visit: indigenousmilkmedicinecollective.org, or

Call the NTHWC at 360- 459-5312.

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FOR MORE INFORMATION:

email <u>indigenousmilkmedicine@gmail.com</u> or visit **indigenousmilkmedicinecollective.org**, or call the NTHWC at (360) 459-5312.







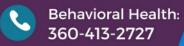
CONTACT NTHWC Main: 360-459-5312

You can contact us during business hours on our main phone line, or contact departments directly.

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Wellness











Always dial 911 for life-threatening emergencies.



South Puget Intertribal Planning Agency

August Diaper Distribution



Nisqually Tribe

8/15/25 At the SPIPA Warehouse 10:00am-1:00pm

Pull-ups | Diapers | Wipes | More

Need diapers? You may qualify! Households on or near Tribal lands and enrolled in programs like WIC, SNAP, or TANF may be eligible.

Call SPIPA at 360.426.3990



Nisqually WIC

(Women, Infants, and Children) provides healthy foods & nutrition information for you and your child up to age 5.

> For appointments and questions, contact: Debbie Gardipee 360.463.4439 Email: dgardipee@spipa.o

SPIPA main number: 360.426.399

We will offer both phone appointments and in person appointments. Date subject to change.



This institution is an equal opportunity provider.
Washington WIC doesn't discriminate.



SAVE THE DATE

Looking Forward Together: Elders' Supports & Services ~ Your Health and Wellness

August 14, 2025

Lucky Eagle Casino Event Center

You are invited to an intertribal gathering of tribal elders, caregivers, and service providers.

For more information please call: 360.426.3990

South Puget Intertribal Planning Agency (





South Puget Intertribal Planning Agency

USDA Foods Program August Delivery Date



Nisqually 8/15/25

At the SPIPA Warehouse 10:00am-1:00pm

NOTE: Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution sta have other duties that they are responsible for on the days they are not issuing commodities. If you're unable to make the date, please call and schedule an appointment with appropriate staff. For USDA Food, call SPIPA at 360.426.3990

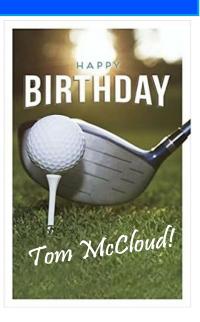
This institution is an equal opportunity provider







Announcements



Tribal Estate and Will Planning

Tribal Estate Planning Services provided by Emily Penoyar-Rambo

Services offered:

- Last will and testament
- Durable power of attorney
- Healthcare directive
- Tangible personal property bequest
- Funeral/burial instructions

Zoom meetings will be set up for the first and third Thursday of each month. Available appointment times are 8:30 a.m., 9:30 a.m., 10:30 a.m. and 11:30 a.m.

Please call Lori Lehman at 360-456-5221 to set up an appointment.



FREE Rides Monday through Friday

Transit available
6:00 a.m. to 6:00 p.m.
Open to all tribal, community
and tribal employees. We offer
rides from 6:15 a.m. to last off
rez ride at 5:15 p.m.
Contact Cecile Hemphill,

Motor Pool Coordinator/Dispatch

At 360-456-5236



Nisqually Indian Tribe 4820 She-Nah-Num Dr. SE Olympia, WA 98513