

Spiritual Mountain Trip

with Nisqually Adult Wellness Program



September 5th, 2025

leaving at **9 am** from Adult Wellness House with Transportation available

We will be going for our summer trip to the mountain to take a Spirit Bath & Pray. Bring a chair, towel, extra change of clothes, and prepare for a great time of healing. Lunch and water will be supplied but you are welcomed to bring any food or drink that meets your dietary needs.

For more information please contact Farron McCloud at Adult Wellness Center 360-456-5221 ext 2168