Gathering of Native Americans

GONA

When: June 19th-22nd

Where: Nisqually Longhouse

18815 Mounts Rd. Dupont

GONA is a four day healing journey that explores the issues brought on by Multigenerational grief and historical trauma.

For more information contact Nisqually Behavioral Health and Wellness Center 360-413-2727 or gene.tagaban@nisquallyhealth.org

Gathering of Native Americans
GONA

June 19-22 at the Nisqually Longhouse
18815 Mounts Rd. DuPont

GONA is a four day healing journey that explores the issues brought on by Multigenerational grief and historical trauma. The **GONA** is a powerful yet flexible curricula developed by a dedicated team of Native Americans, social workers, healers, national leaders in wellness, policy scholars, and practitioners of alcohol and drug prevention. It was developed after other community development projects and curricula failed for their lack of cultural and traditional components.

Over the last 21yrs, thousands of **GONA** trainings have been facilitated all over North America in both the United States and Canada. Hundreds of thousands of people have experience the **GONA** either with their family/tribal community, youth, woman and men's only trainings, in a treatment setting or as a community development event.

Through our four components of **Belonging**, **Mastery**, **Interdependence** and **Generosity** we start to examine how to be an active participant in our own life and community wellness.

Belonging- "Building and strengthening the sense of team, family, community"
A place for all ages, a place for all people. The first day represents infancy and childhood, a time when we need to know how we belong.

Mastery- "Gaining mastery and healing from what holds us back"
Empowerment, for individual and for community. The second day honors adolescence as a time of visionary and mastery.

Interdependence- "Working together interdependently for a positive change"
Action, community leadership. The third day is symbolized by adults, integral and interdependent within their own families and communities.

Generosity- "Giving back to self and community"
Teacher/elder and resources in the community. The final day honors our elders, who give their knowledge

For more information contact

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GONA

GATHERING OF NATIVE AMERICANS

SUMMER 2018

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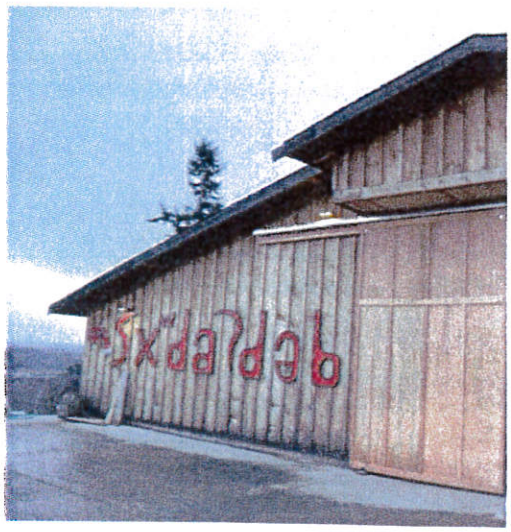
GATHERING



Nisqually Longhouse
18815 Mounts Rd. Du Pont, WA

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Is a four day healing journey that explores the issues brought on by multigenerational grief and historical trauma. GONA is a powerful yet flexible curricula developed by a dedicated team of Native Americans, social workers, healers, national leaders in wellness, policy scholars and practitioners of alcohol and drug prevention.

Over the last twenty-one years thousands of GONA trainings have been facilitated all over North America, particularly with emphasis within tribal communities.

GONA operates itself off of four major themes: Belonging, Mastery, Interdependence, and Generosity.

June 19 - 22

For more information:

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CEUs available for HMDV 188 and open to community!