



**NISQUALLY**  
 ELDERS PROGRAM  
 sq̣ʷaliʔabš sluʔluʔaltxʷ

**April 2026**

*\*\*Menu Subject to Change\*\**

Tuesday	Wednesday	Thursday	Friday
	Beef Tips & Gravy <b>1</b> Buttered Noodles Peas & Carrots	Chili Mac <b>2</b> Corn Bread Veggie Blend	Easter Luncheon <b>3</b> Ham Scalloped Potatoes Roasted Brussel Sprouts
Chicken Chopped Salad <b>7</b> Bread Sticks	Pork Chops <b>8</b> Roasted Sweet Potatoes Veggie Medley	Baked Salmon <b>9</b> Potato Salad Baked Beans	Chicken & Dumpling <b>10</b> Soup Ham Sandwich
Sub Sandwiches <b>14</b> Baked Chips	Chicken Stir-Fry <b>15</b> Fried Rice Steamed Cabbage	Beef Lasagna <b>16</b> Roasted Kale Garlic Bread	Razor Clam Chowder <b>17</b> Tuna Sandwich
Salsa Chicken <b>21</b> Wild Brown Rice Beans	Pot Roast <b>22</b> Roasted Potatoes Broccoli Spears	Pizza <b>23</b> Chicken Wings Green Salad	Fish Soup <b>24</b> & Fry Bread
Salisbury Steak <b>28</b> Mashed Potatoes Veggie Blend	Honey-Mustard Curry <b>29</b> Chicken Jasmine Rice Glazed Carrots	French Toast <b>30</b> Scrambled Eggs Sausage Links Bacon	

The Elder's Program is located at:  
 4842  
 Journey ST  
 SE, Olympia  
 WA 98513  
 (Next to the Health Clinic)

Phone:  
**(360)486-9546**

Lunch Service:  
 Tuesday—Friday  
 12:00pm—1:00pm

**\*\*There is a charge of \$8.00 for non-eligible meal guests.\*\***

**sqag̣ʷaləb - "The Wind Dies Down"**