




NISQUALLY
 ELDERS PROGRAM
 sǫʷaliʔabš sluʔluʔaltxʷ

May 2026

Menu Subject to Change

Tuesday	Wednesday	Thursday	Friday
			Ham Hocks & Beans ¹ Roasted Kale Egg Salad Sandwich
Cinco De Mayo ⁵ Flank Steak Fajitas Red Rice Black Beans	Chicken Parmesan ⁶ Pasta Wilted Spinach	Roast Beef Sandwich ⁷ Baked Chips Fruit Cup	 Nat'l Indian Day ⁸ Closed
Chicken Salad Wrap ¹² & Pasta Salad	Fried Salmon ¹³ Rice Corn	Beef Shepard's Pie ¹⁴ Green Beans Wheat Bread	¹⁵ Mother's Day Luncheon Seafood Boil Strawberry Shortcake
Shrimp Alfredo ¹⁹ Garlic Toast Roasted Veggies	Chicken Chop Suey ²⁰ Brown Rice Steamed Cabbage	Pork Schnitzel ²¹ Mashed Potatoes Corn	²² Chicken Noodle Soup Herb & Cheese Rolls
Tuna Casserole ²⁶ Broccoli Spears Wheat Bread	Sausage & Sauerkraut ²⁷ Cucumber Salad Cornbread	Breakfast Burritos ²⁸ Oven Potatoes Fresh Fruit	²⁹ Split Pea Soup Ham & Turkey Sandwich

The Elder's Program is located at:
 4842
 Journey ST
 SE, Olympia
 WA 98513
 (Next to the Health Clinic)

Phone:
(360)486-9546

Lunch Service:
 Tuesday—Friday
 12:00pm—1:00pm

****There is a charge of \$8.00 for non-eligible meal guests.****

pədc'aʔab - "Time for Digging"