



NISQUALLY ELDERS PROGRAM sq̓'ali'abš sluḵluḵaltx̣w

October 2026

Menu Subject to Change



Tuesday	Wednesday	Thursday	Friday
		Sausage Links Bacon Oven Potatoes Scrambled Eggs 1	Elk Stew Wheat Rolls 2
Beef Lasagna Roasted Kale Garlic Toast 6	Curry Chicken Jasmine Rice Glazed Carrots 7	Swedish Meatballs Buttered Noodles Veggie Blend 8	Ham & Potato Chowder BLT Sandwiches 9
Pork Chops Roasted Sweet Potatoes Wilted Spinach 13	Salmon Patties Brown Rice Veggies 14	Meatloaf Mashed Potatoes Corn 15	Pozole Cheese Quesadillas 16
Pulled Pork Sandwich Tater Tots Coleslaw 20	Beef & Broccoli Steamed Rice 21	Pizza & Breadsticks 22	Chicken & Wild Rice Soup Biscuits 23
Teriyaki Chicken Steamed Rice Veggies 27	Chicken Parmesan Creamy Noodles French Bread 28	Roast Beef Sandwiches Au Jus French Fries 29	 Indian Tacos 30

The Elder's
Program is
located at:

4842

Journey ST SE,
Olympia WA
98513

(Next to the
Health Clinic)

Phone:

[\(360\)486-9546](tel:(360)486-9546)

Lunch Service:

Tuesday—Friday

12:00pm—1:00pm

****There is a
charge of \$8.00
for non-eligible
meal guests.****

pədḳwəx̣w'ic - "Silver Salmon Season"