



**NISQUALLY**  
 ELDERS PROGRAM  
 sǫʷaliʔabš sluʔluʔaltxʷ

# March 2026

*\*\*Menu Subject to Change\*\**

Tuesday	Wednesday	Thursday	Friday
<b>3</b> Tomato Soup Grilled Cheese Sandwich	<b>4</b> Beef Stroganoff Buttered Noodles Broccoli Spears	<b>5</b> Baked Chicken Wild Rice Pilaf Wilted Spinach	<b>6</b> <b>Closed</b>  <b>Billy Frank Jr. Day</b>
<b>10</b> French Dip Au Jus Chips	<b>11</b> Kalua Pork Cabbage Rice Macaroni Salad	<b>12</b> Mushroom Chicken Stir-Fried Noodles Veggies	<b>13</b> Cheeseburgers Fries
<b>17</b> Corned Beef & Cabbage Soup Rolls	<b>18</b> Chicken Enchiladas Red Rice Refried Beans	<b>19</b> Baked Ziti Zucchini Blend Garlic Toast	<b>20</b> Pork Schnitzel Mashed Potatoes Corn
<b>24</b> Salmon Patties Brown Rice Roasted Kale	<b>25</b> Pulled Pork Sandwiches Tater Tots Coleslaw	<b>26</b> Steak & Potato Casserole Scrambled Eggs English Muffin	<b>27</b> BBQ Chicken Mac & Cheese Veggies
<b>31</b> Albondigas Red Rice Tortillas			

The Elder's Program is located at:

4842  
 Journey ST  
 SE, Olympia  
 WA 98513  
 (Next to the Health Clinic)

Phone:

**(360)486-9546**

Lunch Service:

Tuesday—Friday  
 12:00pm—1:00pm

**\*\*There is a charge of \$8.00 for non-eligible meal guests.\*\***

*spuʔpuhigʷəd* - "Windy Time"