



NISQUALLY
 ELDERS PROGRAM
 s̓q̓ʷaliʔabš slux̓luʔaltx̓ʷ

July 2026

Menu Subject to Change

Tuesday	Wednesday	Thursday	Friday
	1 Roasted Paprika Chicken Creamy Pasta Veggie Blend	2 Cheeseburgers & Fries	 Holiday Closure 3
7 Taco Salad & Quesadillas	8 American Goulash Peas & Carrots Garlic Toast	9 Beef & Broccoli Steamed Rice Gyoza	10 Hamburger Soup Wheat Rolls
14 Fish & Chips Coleslaw	15 Chicken Enchiladas Red Rice Refried Beans	16 Pork Roast Potato Medley Broccoli Spears	17 Chicken & Wild Rice Soup Bannock Bread
21 Salmon Patties Brown Rice Wilted Spinach	22 French Dip Au Jus Pasta Salad	23 Baked Chicken Mushroom Pilaf Veggie Blend	24 Kielbasa & Bean Soup Parmesan Butter Biscuits
28 Ciabatta BLTs & Potato Salad	29 Coconut Chicken Roasted Sweet Potatoes Kale	30 Bacon Egg Cups Breakfast Potatoes English Muffin	31 Tomato Soup Grilled Cheese Sandwich

The Elder's Program is located at:
 4842
 Journey ST
 SE, Olympia
 WA 98513
 (Next to the Health Clinic)

Phone:
(360)486-9546

Lunch Service:
 Tuesday—Friday
 12:00pm—1:00pm

****There is a charge of \$8.00 for non-eligible meal guests.****

pədhədəb s̓tuq̓ʷaləb - "Time of Summer Moon"