NISQUALLY
ELDERS PROGRAM
sq̓ʷaliʔabš sluχluχaltxʷ

November 2026



Menu subject to change

Tuesday	Wednesday	Thursday	Friday
3 Spaghetti Roasted Veggies Garlic Toast	**4** Stuffed Pork Chops Wild Brown Rice Roasted Kale	**5** Veteran's Luncheon	**6** Ham & Potato Chowder BLT Sandwiches
10 Coconut Chicken Roasted Sweet Potatoes Wilted Spinach	**11** Closed Veteran's Day	**12** Chili Mac Cornbread Collard Greens	**13** Chunky Tomato Soup Cheese Zombies
17 Chinese Pepper Steak Calrose Rice Steamed Cabbage	**18** Club Sandwiches Baked Chips	**19** Thanksgiving Luncheon Turkey Dinner	**20** Sausage Tortellini Soup Breakfast Served Mon. 11/23/2026
24 Closed (Maintenance Day)	**25** Closed	**26** Closed	**27** Closed

pədsčədadxʷ - " Time to dry Salmon"

The Elder's Program | 4842 Journey ST SE, Olympia WA 98513
Office - (360)486-9546 | Lunch Service is from 12:00pm - 1:00 PM

Non-eligible meal guests pay $8.00.