

February 2026



NISQUALLY
ELDERS PROGRAM

SU MON TUE WED THU FRI SAT

1	2 Yoga @ 10:30am Book Club @ 11:00am (Library)	3 Language 11:00am	4 Yoga @ 10:30am Check In's with Mary During Lunch	5 Dessert Crock Pot Challenge 1:00pm	6	7
8	9 Yoga @ 10:30am Book Club @ 11:00am (Elders)	10 Language 11:00am	11 Yoga @ 10:30am Check In's with Mary During Lunch	12 Paint with me 10:00am-12:00pm	13 Valentines Day Luncheon	14
15	16 Closed for Presidents Day	17 Language 11:00am	18 Yoga @ 10:30am Check In's with Mary During Lunch	19 Traditional Healing 1:00pm with Adrianna Tea Blending	20	21
22	23 Yoga @ 10:30am Care Taker Class w/ Juanita 10am Book Club @ 1:00pm (Elders)	24 Language 11:00am	25 Yoga @ 10:30am Check In's with Mary During Lunch	26 Trivia @ 10:30am	27	28

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