

Nisqually Elders menu (360)486-9546
Va & Titan, Cooks 4842 Journey ST SE Olympia, WA 98513



FEBRUARY 2026

****menu subject to change****

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Smothered Pork Chops Jasmine Rice Green Beans	4 Spaghetti Veggie Blend Garlic Toast	5 Sausage Links Bacon, Potatoes, Scrambled Eggs Toast	6 Beef Stew & Wheat Rolls	7
8	9	10 Sweet & Sour Meatballs Steamed Rice Glazed Carrots	11 Ham Hock w/Lima Beans Roasted Kale Cornbread	12 Chicken Fajitas Tortillas Pinto Beans Brown Rice	13 Indian Taco Fried Bread Potato Salad Fresh Fruits	14
15 Closed Holiday	16	17 Salmon Fettuccine Alfredo Garlic Bread Roasted Veggies	18 Elk Goulash Egg Noodles Sweet Peas Wheat Bread	19 Teriyaki Chicken Sticky Rice Veggie Blend	20 Hamburger Soup Cornbread Fresh Salad	21
22	23	24 Meatloaf Mashed Potatoes Peas & Carrots	25 Italian Chicken Roasted Veggies Garlic Toast	26 Pork Roast Oven Potatoes Veggie Blend	27 Biscuits Sausage Gravy Scrabbled Eggs Fresh Fruits	28