

A circular portrait of Daniel Felizardo, a man with a shaved head and a goatee, wearing a dark sweater over a light blue collared shirt. He is smiling and looking slightly to the side. The background of the portrait is a blurred outdoor scene with trees and a body of water.

Daniel Felizardo

Nisqually Behavioral Health Program Director

Good Day! My name is Daniel Felizardo and I the new Behavioral Health Director at the Nisqually Health Program. I am honored to serving the Nisqually community to promote wellness and recovery.

I've been privileged to work in Indian Country for more than a decade as a clinician, director, and consultant to improve behavioral health programs and ultimately meet the needs of the community. While serving as Addictions Director at the Puyallup Tribal Health Authority we developed many new programs including a full drop-in outpatient program, medication-assisted treatment, community prevention program, prevention/interventionist at Chief Leschi School, and a fully integrated Co-Occurring (substance use/mental health treatment program).

I raise my hands to all the past staff and community members who built and supported the Behavioral Health program, and I am honored to carry on the work. The Nisqually Behavioral Health Program is continuing to grow and our team is excited to roll out new programs. We are actively recruiting new staff to fill open positions. I am happy to answer any questions, concerns, or thoughts you may have regarding the Behavioral Health Program. I can be reached at 360-413-2729. I invite you to learn more about the services we offer.

Kelly Knittle has taken on a new position as the Behavioral Health Outreach Manager. Kelly will be supervising peer support counselors which will be out in the community assisting members and tribal departments in navigating clients into services.

Services that are currently being offered for youth and adults:

- ☒ **Substance Use Disorder Counseling Individual and Groups**
- ☒ **Office Based Opiate Treatment -Suboxone and Vivitrol**
- ☒ **Mental Health Counseling for Families and Individuals**
- ☒ **Problem Gambling Education and Counseling**

Coming Soon:

- ☒ **Domestic Violence Perpetrators Treatment Services**
- ☒ **Recovery Housing at Brighton Creek**

Brighton Creek is getting a facelift. We have one tiny home with 5 more on the way. This will provide transitional housing for those in recovery. Houses will be available for families and cabins will be available for single individuals and couples. Randy Derickson is our caretaker for the Brighton Creek Recovery Campus and he's been doing an amazing job getting the grounds ready for our first resident. We will be hiring a Recovery House Manager and residents' assistants to support our residents in a life of recovery.

What is Medication Assisted Treatment?

Medication – Use of safe and effective medications such as Suboxone, Buprenorphine or Vivitrol to help people with an opiate use disorder stop using prescription pain medications, heroin or other opioids.

Assisted – Medications assist by curbing cravings, reducing/eliminating withdrawal symptoms.

Treatment – The medication is part of an overall individualized treatment plan including counseling with trained substance use disorder counselors to help manage symptoms and provide ongoing support.

We also will be offering an open access group therapy model where our patients can pick the group topics they would like to attend and what best fits their schedules.

We will have walk in appointments from 8-3 on Mondays, please feel free to come in and get started on your path to recovery today or to schedule an appointment please call 360-413-2727.