



NISQUALLY HEALTH FITNESS & NUTRITION

LET'S GO ON A HIKE



SATURDAY SEPTEMBER 13TH

LITTLE MASHEL FALLS



Meet up location: **Youth Center**

Meet up time: **10:00am**

Leave Time: **10:15am**

Hike Location: **Little Mashel Falls Eatonville, WA**

Hike Distance: **5 miles round trip**

Contact: HealthFitness@nisqually-nsn.gov